

*The*  
*Communiqué*



**Nahar International School**

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The background is a vibrant, celebratory scene. It features a light orange and white color palette with large, soft-edged shapes. Scattered throughout are various colorful confetti pieces, including stars, diamonds, and rectangles in shades of blue, green, pink, and yellow. A prominent, glowing golden ring or ribbon curves across the middle of the page. At the bottom, there is a silhouette of a crowd of people with their arms raised in celebration, rendered in shades of blue, red, and orange. The overall atmosphere is one of joy and festivity.

# Events

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# Grandparents Day Celebration

Bees and Cubs Preschool was filled with joy and warmth as we celebrated Grandparents Day, a special occasion honouring the cherished bond between generations. Our wonderful grandparents were welcomed with open arms and bright smiles as they gathered to watch their little stars perform on stage. The children sang heartfelt songs and danced with enthusiasm, creating a memorable experience that brought smiles and happy tears to many faces. Grandparents were invited to explore their grandchildren's classrooms.

They engaged in delightful conversations, observed learning activities, and shared in the excitement of the children's daily routines. It was a beautiful moment of connection and discovery.

The celebration continued with an energetic PE session led by our dedicated PE teachers. Grandparents joined in the fun, participating in light exercises and games. The shared laughter and movement made for a lively and unforgettable experience.

Grandparents Day at Bees and Cubs was more than just a celebration it was a tribute to the love, wisdom, and joy that grandparents bring into our lives. We extend our heartfelt thanks to all the families who joined us and helped make the day truly special.



# Hindi Diwas Celebration – “स्वावलंबी बनें, डिजिटल पर आश्रित न रहें”

The **Primary Section of Nahar International School** celebrated *Hindi Diwas* with great enthusiasm, joy, and pride. This special day was dedicated to nurturing love for our national language and encouraging students to reflect on the balance between real life and the digital world.

The theme for this year was “स्वावलंबी बनें , डिजिटल पर आश्रित न रहें” (Be self-reliant, not dependent on digital). Each grade prepared meaningful performances and activities around the theme, blending creativity, learning, and cultural pride.

## Grade 1: Songs with a Message

Our youngest learners from Grade 1 delighted the audience with a **lively group song**. Their sweet voices spread joy and created an instant festive atmosphere. The song carried a powerful message on the **importance of real-life experiences over digital dependency**, reminding everyone that human connection and outdoor activities bring greater happiness than screens ever can.



## Grade 2: Skits and Games with Life Lessons

Grade 2 children participated in **interactive vocabulary games** that made learning fun and engaging, filling the room with giggles and excitement. They also presented a **creative skit** contrasting *online vs. offline life*.

- *Online games vs. Offline games* – showcasing the joy of outdoor play.
- *Online shopping vs. Offline shopping* – highlighting the value of real interactions.
- *Excessive vehicles vs. Walking or Cycling* – promoting eco-friendly habits.
- *Online chatting vs. Face-to-face conversations* – emphasizing the beauty of real friendships.

Their performance beautifully highlighted how simple lifestyle choices can reduce over-dependence on technology and strengthen real-world connections.



### Grade 3: Skit on Television's Timeline

Students of Grade 3 presented a **thought-provoking skit on the timeline of television**. Starting from the days of *Doordarshan* and moving towards *Smart TVs*, the skit showcased how technology has rapidly progressed, paralleling the changes in our lives too. Through this, the children conveyed a powerful message: while advancements are important, we must also remain mindful of how much we rely on technology and value simpler, self-reliant living.

### Grade 4: Songs and Slogans for Awareness

Grade 4 students became the voice of awareness by presenting **self-composed poems, catchy slogans, and thought-provoking songs**. Their performances addressed real concerns of today's generation, including:

- Saying “**No to gadgets**”.
- Reducing **use of social media**.
- Limiting **earphone use** for health and safety.
- Using **AI wisely and sparingly**.
- Being mindful of **excessive app dependency**.

Their varied presentations inspired the audience to reflect on how to enjoy technology in moderation while prioritizing health, creativity, and human interaction.



### Grade 5: Cross-Curricular Hindi Nukkad Natak

The senior-most students of Primary, Grade 5, presented a **powerful Hindi Nukkad Natak**. This was a **culmination of their Global Perspectives (GP) subject**, where the ongoing topic was “*Respect Myself, Others, and Things*”. By performing their GP learnings in Hindi, the students showcased cross-curricular integration and deep understanding. Their street play touched on themes of **self-respect, mutual respect, and care for the environment and resources**, making the audience reflect on everyday actions and attitudes.



# Chiaroscuro 2025 – A Celebration of Creative Brilliance

The ninth edition of *Chiaroscuro*, the annual inter-school art festival hosted by Nahar International School, was held on 13th September 2025. The event once again proved to be an inspiring platform for young artists to explore creativity through a diverse range of workshops conducted by field experts and industry professionals. This year's theme revolved around *immersive learning through art and design*, giving students a unique opportunity to experience real-world artistic practices. A total of 18 schools participated, with 188 students joining from across the city.

The event began with an engaging interaction featuring Prof. B.K. Chakravarthy, Founding Dean of the School of Design Innovation at Mahindra University, and Ms. Tejasvini Ahuja, Academic Manager at Whistling Woods International, who shared inspiring insights on design, creativity, and innovation.

Six specialized workshops were conducted across different venues. Rahul Kamble led *Metal & Wire Marvels*, where students explored shaping metal into expressive forms. *Beyond the Lens: The Art of VFX* by Hemil J. Gosalia introduced participants to cinematic magic and visual effects. *Paper Architecture: From Flat to Fantastic* with Tejas Saundankar taught the art of transforming paper into 3D structures. *Face Form Sculpting* by Vaibhav Panchal guided students in modeling realistic faces through clay. *Window Stories* with Gaurav Panchal explored creating captivating display designs, while *Art in Motion* led by Santosh Sawant brought the world of storyboarding and visual storytelling to life.

Throughout the day, the campus buzzed with energy and creativity. Each artist began with a live demonstration, followed by hands-on participation where students learned techniques, interacted with the experts, and created their own artworks to take home. The beautifully curated display in the auditorium showcased the stunning works of students from Grades 8 to 12, leaving visitors inspired by their artistic depth and imagination.

At the end of the event, all participants received certificates of participation, marking a day filled with learning, discovery, and joy. *Chiaroscuro 2025* once again celebrated the spirit of art, innovation, and collaboration — a festival where imagination truly came alive.



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## Grade 8A assembly - Peace and World War II



We, the students of Class 8A, conducted our class assembly on **11<sup>th</sup> September**, the theme **“Peace and the Lessons from World War II.”** Our aim was to share with the audience that peace is not just a word we use, but a value that is deeply personal, fragile, and essential for humanity’s survival.

The journey leading up to the assembly was as meaningful as the performance itself. We began by researching World War II and reading real-life accounts of children, soldiers, and survivors. In groups, we brainstormed ideas on how to present these lessons through a play. Some of us worked on writing and editing the script, while others designed props and simple backgrounds to bring the scenes to life. Rehearsals gave us the chance to practice voice modulation, expression, and teamwork. At first, we faced challenges such as stage fright and forgetting lines, but with encouragement from one another, we grew more confident after each practice. This process helped us learn the importance of cooperation, patience, and resilience. It also gave some of us opportunities to step into leadership roles, guiding the flow of the performance and keeping everyone motivated.

Many of the creative ideas came directly from us—whether it was adding a powerful dialogue, suggesting stage directions, or using symbolic gestures to represent peace. Because everyone contributed actively, the final performance was not just a skit but a reflection of our learning, creativity, and imagination.



Our message through the play was simple but powerful: peace is fragile, and it can only be preserved through collective effort. Each of us, in our own way, can become a peacemaker—by understanding others, showing kindness, or standing up for what is right.

For us, this assembly was more than just a performance. It was an opportunity to learn through experience, express our ideas with confidence, and understand global issues like peace and conflict in a meaningful way. We believe it not only inspired our audience but also shaped us as learners and individuals.

In conclusion, the assembly was a proud moment for Class 8A, reminding everyone—including ourselves—that building a peaceful world begins with the choices we make every day.



# A Day With Words & Wonders

- Abstract of a Book Fair at Nahar International School.

NIS library & Research centre organized an engaging Book Fair on **31 October 2025**, in collaboration with Story Candy. The Fair started at 8: 30 Am in the morning till 4: 30 Pm in the evening. The book fair had been set up in the School's Atrium where 13 tables and 11 racks were arranged, featuring a wide range of books for all age groups.

Students from all grades eagerly visited the fair during the day. Parents guided them in selecting age-appropriate and interesting books. Many students purchased books of their choice, showing great enthusiasm towards reading and learning. Parents who visited appreciated the initiative, noting that such events help to cultivate a lifelong love for books among children. Vibrant displays, complementary gifts, and exciting discounts made the event lively and enjoyable. Students enthusiastically explored different genres and discovered new authors. The fair successfully promoted the joy of reading and inspired many to explore the world beyond textbooks. Overall, the Book Fair was an enriching and memorable experience for the entire school community.



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# Investiture Ceremony: Celebrating leadership, responsibility, and commitment

The Investiture Ceremony marked a proud and significant moment as the newly elected student council members took on their leadership roles. The event began with a warm welcome where students pledged to uphold the values and responsibilities entrusted to them. Badges were presented to the council members, symbolising trust, duty, and commitment. It was a memorable occasion that celebrated student leadership and responsibility.





# Exploring Our Community: EY1's Supermarket Adventure

As part of their ongoing inquiry into "Community Helpers," the curious and enthusiastic children of EY1 embarked on a delightful field trip to a local supermarket. The visit was designed to help young learners understand how different people contribute to the functioning of our community and it turned out to be both educational and exciting!

Before the visit, the children had been exploring various roles in the community, from firefighters and doctors to bakers and farmers. The supermarket offered a perfect opportunity to see many of these roles in action. From the friendly cashier who greeted them with a smile, to the stock clerk organizing shelves, the children observed how each person plays a vital role in keeping the store running smoothly. This supermarket visit was more than just a field trip, it was a powerful learning moment that brought the concept of community helpers to life.



# A Joyful Parent-Child Day at School

Our school was buzzing with laughter, creativity, and heartfelt connections as we hosted a delightful **Parent-Child Day**, a celebration of togetherness, imagination, and shared experiences. Parents and children spent the day immersed in a variety of engaging activities designed to strengthen their bond and spark joy. From the moment they arrived, the atmosphere was filled with warmth and excitement.

They experienced a clay moulding session, where little hands and big hands worked side by side to shape animals, flowers etc. Collaborative art followed, with families painting vibrant murals that now brighten our school walls, a testament to teamwork and love.

In cozy reading corners, parents and children curled up with books, diving into magical worlds and sharing stories aloud. The joy of storytelling brought smiles and sparked meaningful conversations.

A whimsical puppet show had everyone giggling and clapping. The colorful characters and playful plotlines captivated both young and old, reminding us all of the simple joy of imagination. Next came a hands-on snack-making session. Families whipped up healthy treats together, fruit skewers, mini sandwiches, and yogurt parfaits learning about nutrition while enjoying delicious bites.

Board games brought out the competitive spirit in the most cheerful way. Laughter echoed through the halls as families teamed up for classics like Ludo, Snakes & Ladders, and Memory Match.

They also participated in a lively dance class. Parents and children grooved to upbeat tunes, letting loose and celebrating the joy of movement. Parent-Child Day was more than just a school event, it was a beautiful reminder of the power of presence, play, and partnership.



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# From Seven Islands to a Megacity – The Evolution of Mumbai

To make the topic of Mumbai's seven islands more engaging and memorable, the students of Grade 3C took part in a collaborative art activity. Working in groups, they illustrated and designed creative representations of the seven islands on sheets using a variety of materials — such as glitter, thermocol balls, leaves, pencil colours, brush pens, pencil shavings, and sparkle patterns.

This group-based, hands-on approach not only helped students understand and remember the history of Mumbai's formation but also encouraged teamwork, imagination, and enthusiasm in learning.

By blending Art with Geography, the activity proved that when creativity and collaboration come together, learning becomes both joyful and lasting.

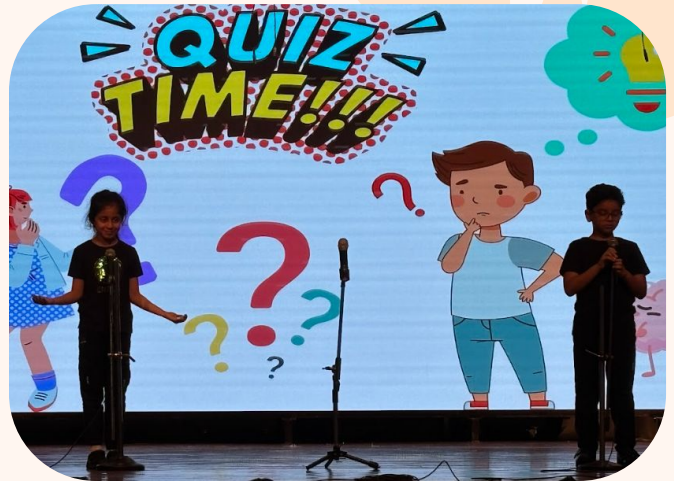


# The Sweet Story of Chocolate

Class 2C presented their assembly, “The Sweet Story of Chocolate,” to celebrate International Chocolate Day.

The performance highlighted the fascinating journey of chocolate, beginning with cocoa beans and ending with the sweet treats enjoyed around the world. The narrators guided the flow of the story, while the cocoa beans explained their origin and importance. Chocolate makers demonstrated how beans are transformed into different types of chocolate, and chocolate lovers brought humour and energy to the stage.

Riddle rhymer involved the audience through engaging chocolate-themed riddles, while fact sharers shared interesting trivia about chocolate’s history. The finale brought all students together in a lively chorus celebrating chocolate as a universal favourite. The assembly reflected the confidence, teamwork, and enthusiasm of Class 2C, leaving the audience both informed and delighted.



# Sparks Innovation with Shark Tank Challenge

Grade 5B kicked off the first Parent Involvement Session with our Class Representative, **Mrs. Neha Gidwani**, leading an engaging *Junior Entrepreneur Shark Tank*. Students were divided into groups and challenged to create a unique product or service. Each group collaborated to design a name, logo, and highlight the special features of their idea.

As their teacher, I was delighted to see the spirit of discussion, teamwork, creativity, and illustrations come alive. Every group presented something different and innovative. One of the most memorable ideas was an *e-service robot* designed to help with household chores—a much-needed solution in today's times! With innocence and confidence, the students priced it at just ₹250, proudly sharing how it would make a difference to humankind.

What stood out the most was their passion. The children were so enthusiastic about their discoveries that some even decided to ask their parents to fund their projects further! At the end of the session, each group received a certificate of participation, adding to their sense of accomplishment.

Who knows—these young innovators may one day become trendsetters and entrepreneurs who make their ideas a reality.

**Ms. Sheeba Passanha**



# Sustainable Buddy Designers

As part of our Global Perspective Culmination initiative, the students embraced the role of **Sustainable Buddy Designers**, blending creativity with sustainability. With an emphasis on reuse and recycling, they gave old denim a fresh purpose. Rather than discarding worn-out jeans, the students skillfully transformed them into stylish, practical, and eco-friendly bags.

What made this activity special was the way the students poured their creativity into each design. Some added colorful fabric patches from their old T-shirts to make their bags unique, while others glued laces to give them a personal touch. A few even experimented with different shapes and styles—tote bags, sling bags, and pouches—showing innovation and imagination.

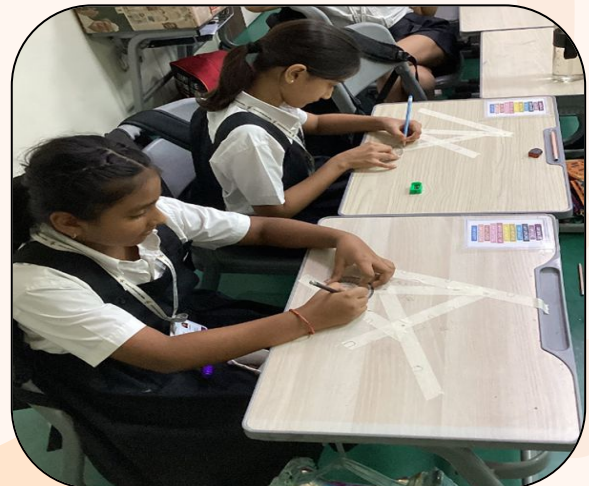
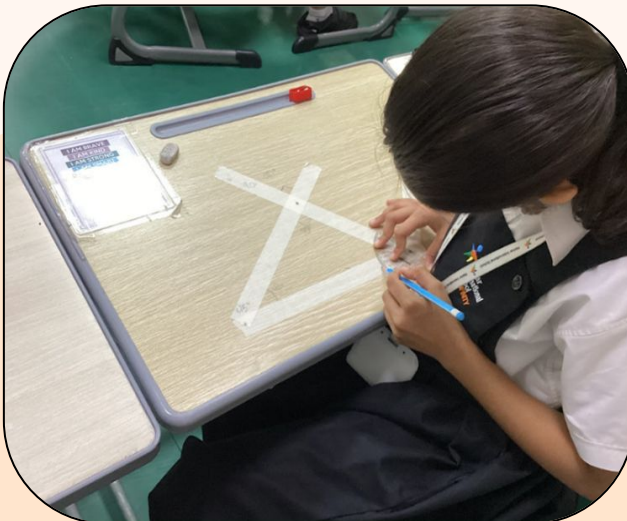
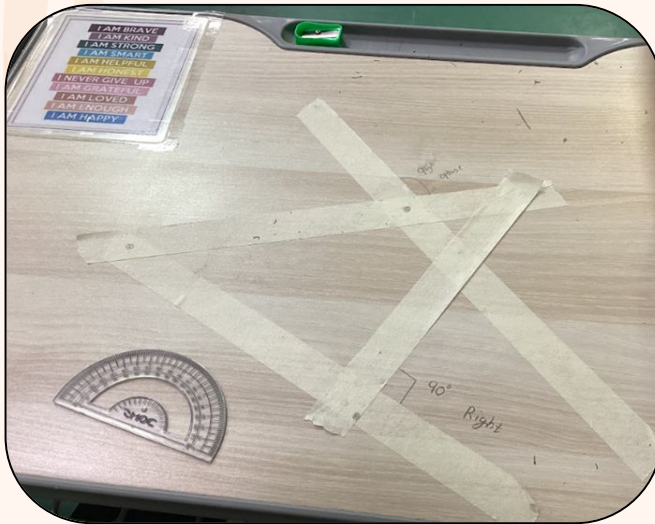
This activity not only nurtured their design and crafting skills but also taught them the importance of mindful choices and reducing waste. By transforming old denims into trendy bags, the students showcased how fashion and sustainability can go hand in hand. Their creations reflected imagination, teamwork, and a sense of responsibility towards the environment.

Through this project, our young designers learned a valuable lesson — *sustainability begins with small steps, and every little effort counts in making our planet greener.*



## Hands-on learning with a twist of creativity!

Grade 3 learners participated in an engaging hands-on activity designed to strengthen their understanding of angles through active learning. Using tape, their tables were transformed into interactive boards filled with intersecting lines that formed a variety of angles. Equipped with protractors, students eagerly measured and identified acute, obtuse, and right angles, moving around, discussing, and testing their ideas in real time. A peer-reviewing strategy added further depth, as learners checked each other's measurements, exchanged observations, and provided constructive feedback. This active involvement kept every learner engaged and encouraged them to take ownership of their learning. The task not only refined accuracy and observation skills but also nurtured communication, collaboration, and critical thinking. By turning abstract concepts into something visible and tangible, the activity made mathematics more meaningful, enjoyable, and confidence-building.





## Today's Exploration: *Sound – Volume and Pitch*

Our classroom turned into a **science lab full of curiosity and music** today! 🎵

We began with a **tuning fork demonstration**. The children were amazed to see how invisible **vibrations create sound**—and even ripple patterns in water! 🌊 Their excitement only grew as we moved to a **clapping challenge**, where they clapped in different ways and used a **sound level meter** to record which claps were loudest. 🙌 📊

Then, it was time 🛠️ for some real tinkering! Working in pairs with their **science sound kits**, students attached rubber bands of different lengths and thicknesses onto a sound box. They investigated which ones made high or low sounds and later assembled a **mini guitar** with multiple strings. 🎸

Through testing, listening, and lots of teamwork, the children discovered an important fact:

👉 **Shorter rubber bands produce a higher pitch!**

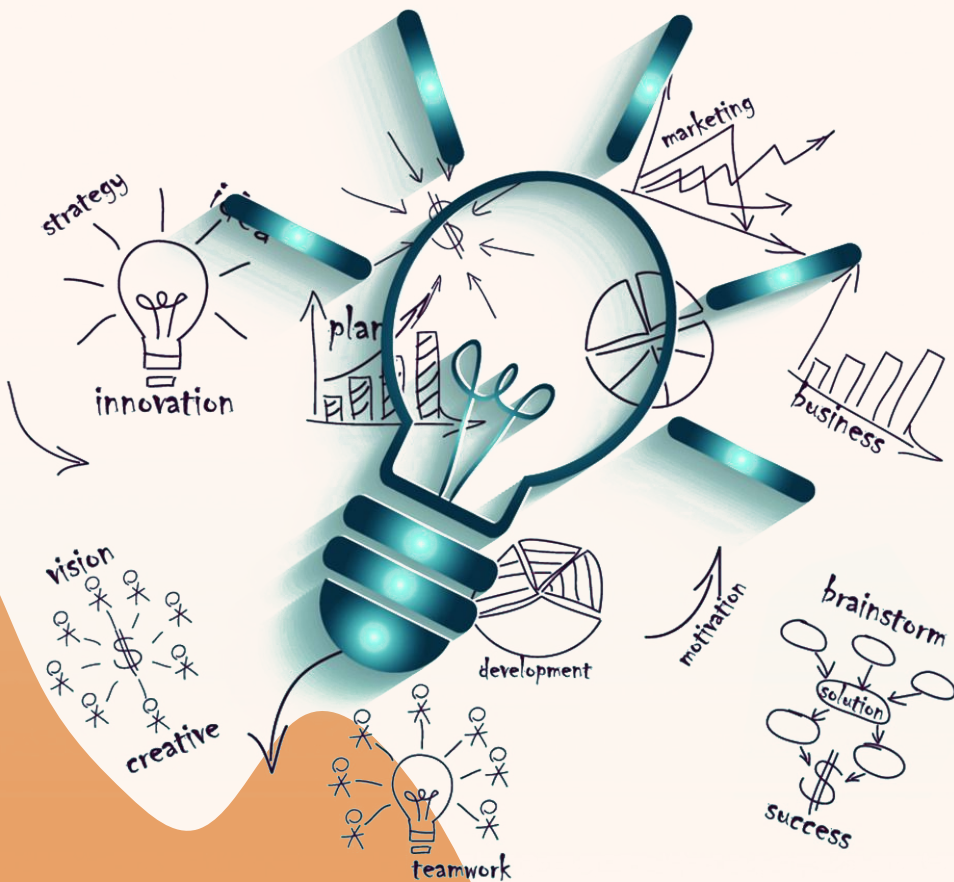


# Plastic Drive by Grade 8 Students

Driven by a strong sense of responsibility towards the environment, the Grade 8 students initiated a Plastic Drive to reduce plastic waste and promote sustainable practices within the school community. Motivated by the growing concern over plastic pollution, they launched various awareness activities to inspire change. Students designed creative posters highlighting the harmful effects of plastic and performed a short advertisement skit in different classes to encourage their peers to reuse and recycle. Adding an element of surprise and excitement, they also organized a lively flash mob during break time, capturing everyone's attention and spreading their message in a fun, memorable way. The drive, which will continue for two months, has already made a significant impact — with 31 kilograms of plastic in just two weeks. The students remain determined to extend their efforts and collect even more, making the school a cleaner, greener place.



# Learning beyond academics



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# Research Paper by A-Level students

This year, I had the incredible opportunity to publish my first research paper in the *International Journal of Science and Research*, titled “Evaluating the Role of Yoga Therapy in Cardiovascular Disease and Stress Disorder Management.” In this work, I explored the connection between stress and cardiovascular disease, and examined how yoga can serve as a powerful tool for prevention and management.

International Journal of Science and Research (IJSR)

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## Evaluating the Role of Yoga Therapy in Cardiovascular Disease and Stress Disorder Management

Netraa Tanna<sup>1</sup>, Dr. Pragya Verma<sup>2</sup>

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**Abstract:** *Cardiovascular diseases (CVDs) and stress-related disorders are closely linked, with chronic psychological stress recognized as a major contributor to cardiac dysfunction. As medical science continues to explore integrative and non-invasive therapies, yoga has emerged as a promising adjunct to conventional treatment. This review examines the physiological and psychological pathways through which yoga, especially the AVAV (Aahaar, Vihaar, Achaar, Vichaar) framework, can positively influence cardiovascular health. By analysing recent studies, the paper highlights yoga's role in lowering blood pressure, regulating lipid profiles, reducing mental stress, and enhancing autonomic stability. The review further explores how lifestyle modification through yoga can offer a sustainable approach to managing CVD risk factors, particularly in underserved populations.*

The paper focused on the AVAV lifestyle framework—Aahaar (food), Vihaar (discipline), Achaar (recreation), and Vichaar (thoughts)—integrating insights from both medical studies and yogic principles. Through this holistic perspective, I analyzed how lifestyle choices rooted in mindfulness and balance can improve heart health by reducing stress, regulating blood pressure, and stabilizing key health markers.

Writing my first research paper was a journey that taught me lessons far beyond academics. I learned how to dive into literature, analyze information critically, and connect scientific evidence with holistic frameworks like yoga. The process of organizing scattered thoughts into a coherent structure strengthened my ability to communicate complex ideas clearly and logically. It also taught me patience and discipline—revising drafts, refining arguments, and staying committed to the process even when it felt overwhelming. With the guidance of my mentor, I experienced how collaboration and constructive feedback can transform a raw idea into meaningful work. Most importantly, this journey gave me confidence in my ability to contribute to knowledge in the field I am passionate about, reminding me that with persistence, creativity, and support, research can be both challenging and deeply rewarding. It has taught me that it's important to learn through a journey as you research, outcomes can change, results cannot always be satisfying but what we learn and take home is important.

My journey involved researching on the idea, working towards a plan , overcoming a lot of failures ( which I like to call stepping stones) and eventually arriving at the final document. I believe we all have it in us to explore something we are passionate about and pursue it beyond just sheer academics.

This journey would not have been possible without the invaluable mentorship at Nahar International School who guided me at every stage—from refining ideas to shaping them into a coherent, meaningful contribution. Their support transformed scattered thoughts into a structured piece of research.

Beyond the academic achievement, this project deepened my passion for biology, mental health, and integrative medicine. It taught me the discipline and patience required in research, while reminding me of the importance of mentorship and the value of exploring medicine beyond pills and procedures.

Mentor Comments: Netraa worked very hard towards writing the paper, and her dedication and consistent effort played a vital role in bringing the project to completion. She contributed significantly at every stage—whether it was conducting thorough literature reviews, helping to refine arguments, or ensuring that the content was clear, accurate, and well-structured. Her ability to stay focused and committed, even during the more challenging phases of the process, gave the project momentum and direction

# The HeART of Biomedicine Competition

Students of AS and Grade 10 Biology and Art students were involved in a remarkable international competition that brought together two distinct yet complementary disciplines—Art and Biology.

In August 2025, the University of Melbourne organized the HeART of Biomedicine Competition, celebrating the dynamic interplay between art, biomedicine, and the human experience of health in relation to the world around us.

Artists throughout history have offered extraordinary ways of engaging our minds, helping us perceive and experience the world in ways that are thought-provoking, inspiring, and often transformative. With its ability to evoke deep emotion and provoke critical thought, art serves as a powerful catalyst in biomedicine, opening pathways to new perspectives and innovative solutions.

In this spirit, the competition invited students across the globe to create artworks that shine a light on the intricate and often unseen connections between human health, medical science, and the environment.



We are immensely proud to announce that several of our talented NIS students earned accolades for their creativity and vision. Their artworks will soon be featured in an online exhibition on the University of Melbourne's School of Biomedical Sciences website.

The list of achievements is as follows:

- Vainavi Chitalia (AS Level) – 2nd Prize
- Malini Mukherjea (AS Level) – Honorary Mention
- Sarah Suryavanshi (Grade 10) – Participation Award
- Ria Badiya (Grade 10) – Participation Award

We extend our heartfelt congratulations to these students for their accomplishments. Their achievements reflect not only their talent and hard work but also NIS's commitment to fostering interdisciplinary learning and creative expression.

We are also delighted to share with you a few glimpses of the students' artwork and their participation in this prestigious event.



## ✨ Excellence Redefined: Nahar's Stars Shine at MISA

The **Members of the International Schools Association (MISA)** is a distinguished network of international schools committed to promoting academic excellence, innovation, and collaboration. Each year, MISA honours exceptional student achievements across its member schools through the prestigious **MISA Toppers Award Ceremony**.

This year's ceremony was a proud moment for **Nahar International School**, as our students once again showcased their brilliance, dedication, and perseverance.

**Madhuvanthy Karthik, Saira Vishwanathan, and Meera Agarwal** earned top honours in the **IGCSE – February/March 2025 series**, while **Tishya Sur** and **Parnika Agarwal** were recognized for their outstanding performances in the **A Level – February/March 2025 series**.

These remarkable accomplishments are a shining reflection of not only the students' hard work but also the guidance of our dedicated facilitators and the unwavering encouragement from parents. Their commitment to excellence and their pursuit of knowledge have set a benchmark for the entire school community.

At **Nahar International School**, we take immense pride in celebrating our students' success. Congratulations to all our **MISA Toppers** — your achievements reflect your dedication, hard work, and commitment to learning. We are confident that your journey of excellence will continue to inspire and motivate future generations of Nahar students.



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# Outstanding Performances by School Teams in MSSA and ISSO Tournaments



The months of **September and October 2025** witnessed remarkable performances by our school's football and basketball teams in various inter-school tournaments, reflecting their hard work, discipline, and true sporting spirit.

In the **MSSA Boys U/12 Football Tournament**, our young footballers showcased exceptional skill and teamwork. The team won all three matches in the league stage, securing **first position in their pool** and advancing to the playoff round. They continued their impressive run by winning both the **pre-quarterfinal** and **quarterfinal** matches, thereby qualifying for the **semifinals**, where they were defeated 2–0. In the **third-place playoff**, the boys fought valiantly but narrowly lost in a **penalty shootout (3–2)**, finishing **fourth overall**. Their consistent performance and fighting spirit were truly commendable.

In the **ISSO U/17 Boys Basketball Tournament** held in **Jaipur from 17th to 22nd September**, the team displayed great determination and coordination. They secured victories in their first two league matches but, despite their best efforts, lost the third match and narrowly missed qualification for the playoff round. The team's commitment and sportsmanship were evident throughout the competition.

The **ISSO U/14 Boys Football Team**, participating in **Indore from 25th to 30th September**, also delivered an inspiring performance. The team won all three league matches and advanced to the playoff stage, receiving a **bye in the pre-quarterfinal round**. However, they faced a tough **quarterfinal match** and, despite their strong effort, could not progress to the semifinals. The players exhibited great skill, teamwork, and resilience throughout the tournament.

Overall, our school teams have made us proud with their spirited performances, discipline, and exemplary sportsmanship in all events. Their efforts stand as a testament to their dedication and the excellent guidance of their coaches.



# Maharashtra Educators Summit & Awards

Nahar International School Honoured with Special Jury Recognition at the Maharashtra Educators Summit & Awards 2025

We are proud to share that Nahar International School was honoured with the Special Jury Recognition at the Maharashtra Educators Summit & Awards 2025, organized by Education Today on September 12, 2025.

The event brought together some of the most reputed schools and educators from across the state to celebrate excellence and innovation in education. Among numerous participating schools, Nahar International School stood out for its holistic approach, forward-thinking practices, and consistent commitment to meaningful and balanced learning experiences.

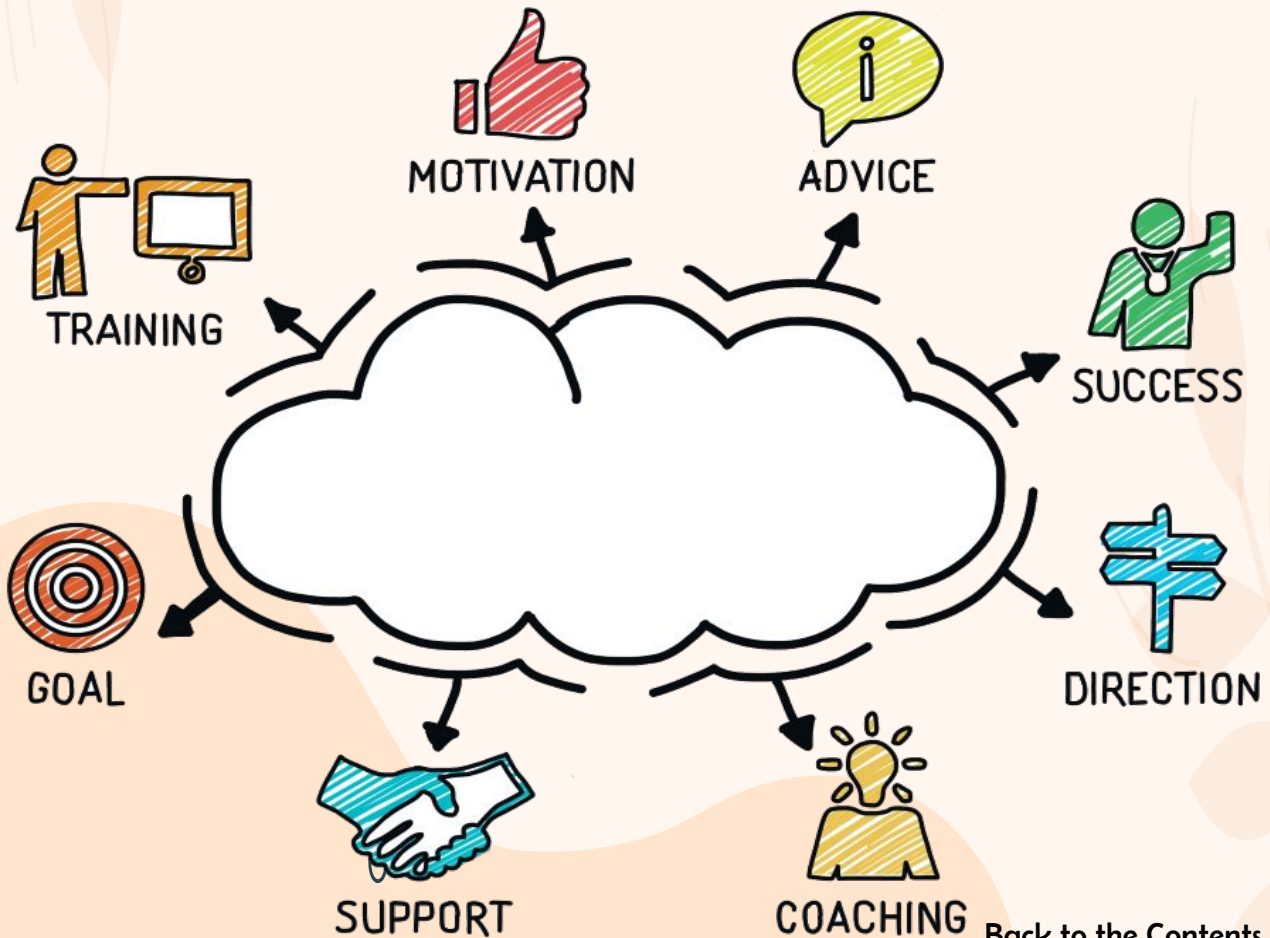
The award was received by Ms. Praveen Khattar, Head of Curriculum and Head of Secondary, and Ms. Kiran, Head of Co-Curricular Activities and Lower Secondary Coordinator. Their representation beautifully reflected the school's philosophy of creating harmony between academics and co-curricular learning — ensuring every child experiences growth that is both intellectual and experiential.

This honour under the Special Jury category is a testament to the school's sustained pursuit of excellence, innovation, and student well-being. It recognises the dedication of our passionate teachers, the trust of our parent community, and the enthusiasm of our students who make Nahar a vibrant and inspiring place to learn.

This recognition inspires us to continue shaping future-ready learners — curious, compassionate, and confident individuals who embody the true spirit of holistic education.



# Mentors' Column



# Responsibility

“Responsibility” isn’t just about finishing homework or remembering chores—it’s about realizing that every choice we make creates ripples in the world around us and affects not just our own lives, but the people around us too.

At its core, responsibility means being accountable—owning up to both ones achievements as well as the mistakes. It’s not about being perfect; it’s about learning, growing, and standing by the choices we make. That’s what turns ordinary people into true leaders.

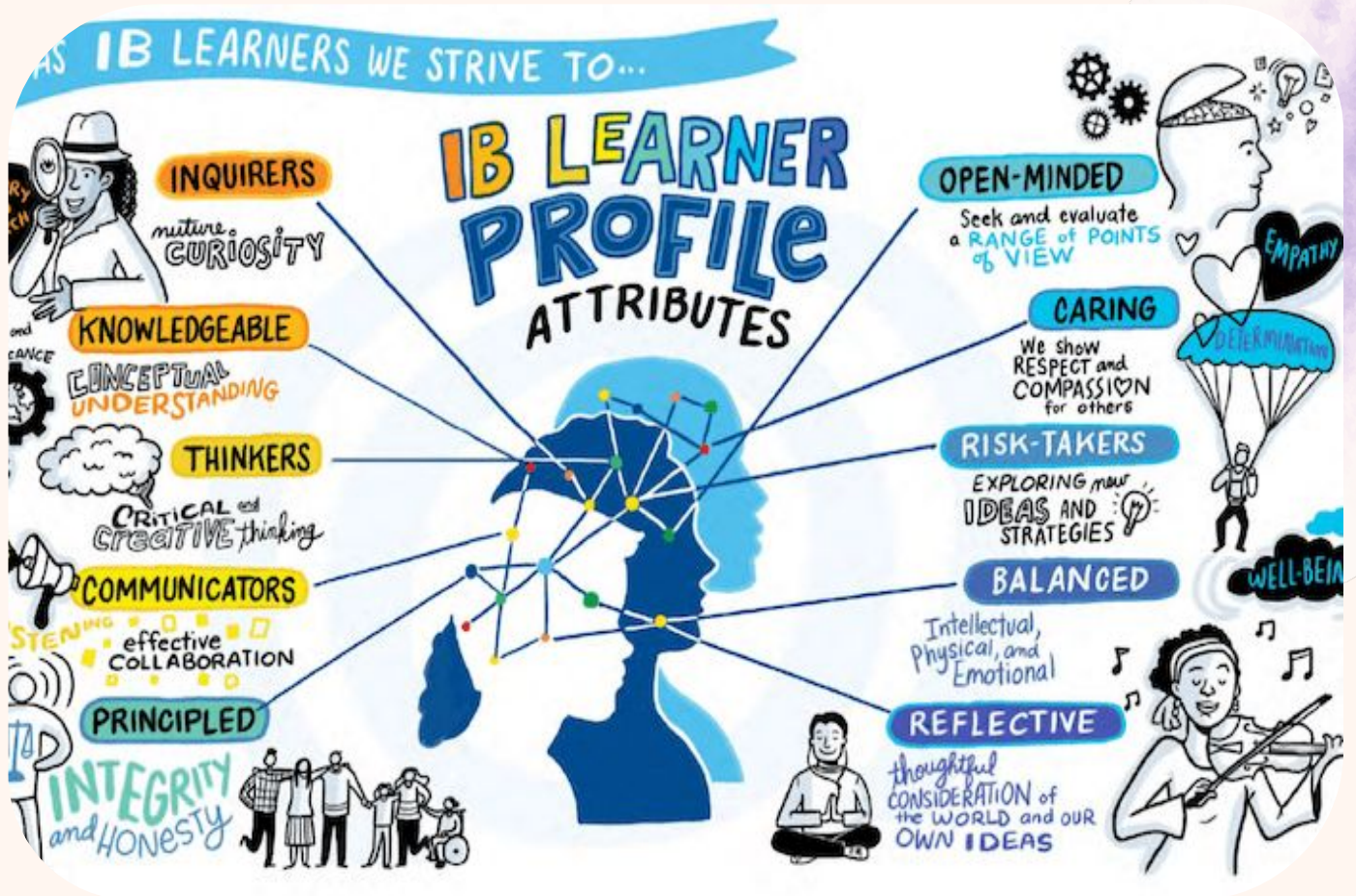
One can see this beautifully in *Spider-Man: Across the Spider-Verse*. Miles Morales, a teenage hero, faces two very different ideas of responsibility. A group of Spider-People believes that painful “Canon Events” must happen to keep the Multiverse stable—even if it means losing people they love. But Miles refuses to accept that. Guided by his mother’s words—“**Don’t let anyone tell you who you’re supposed to be**”—he decides to protect those he cares about and define heroism on his own terms, even if he has to stand alone.

Miles’s story reminds us that true responsibility isn’t just about doing what’s expected—it’s about making choices that stay true to who you are. Sometimes, being responsible means questioning the rules and having the courage to rewrite them when they don’t feel right. At times, it’s about being the friend who stands up when someone is being bullied, speaking out when others stay silent, and reminding people that kindness and respect are never optional. True responsibility means using your voice—and your heart—to make the world around you a little better. So, don’t be afraid to break the “canon” if it means standing up for what you know is right.

- Ms.Amrita Saha  
Year Group Leader - Grade 7



# IBDP



# Teacher's day celebration

Teachers' Day was celebrated with great enthusiasm and warmth by our students this year a day filled with music, laughter, and heartfelt gestures that made every teacher feel truly special.

The AS and DP1 students began the morning by welcoming teachers with melodious songs and guitar performances, setting a cheerful tone for the day. They had also decorated the staff rooms the previous evening, adding a personal and festive touch.

The AL students showcased their creativity by making caricatures of the teachers, each accompanied by a fun and affectionate note — a gesture that brought smiles all around. The DP2 students added to the laughter by presenting humorous "Teacher Awards," highlighting each teacher's most distinctive and endearing traits.

It was a day filled with joy, laughter, and gratitude — a wonderful reminder of the special bond between teachers and students.



# IBDP Orientation Session

An informative IBDP Orientation was recently organized, on 19<sup>th</sup> September 2025 for parents who are new to the International Baccalaureate Diploma Programme (IBDP) at our school. The session aimed to provide clarity on the philosophy, approaches, and framework of the programme, while also highlighting how it is uniquely implemented at Nahar.

The session emphasized how IB students stand out from the rest – not only in terms of their academic skills, but also through their ability to think critically, communicate confidently, and approach challenges with creativity and resilience. This distinctive edge is what prepares them to excel in universities and beyond.

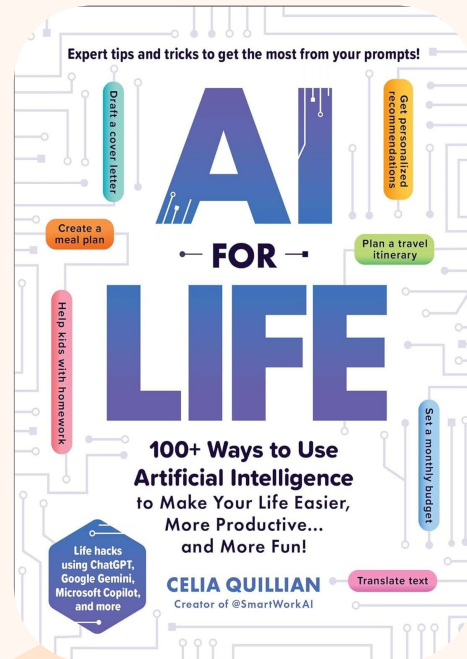
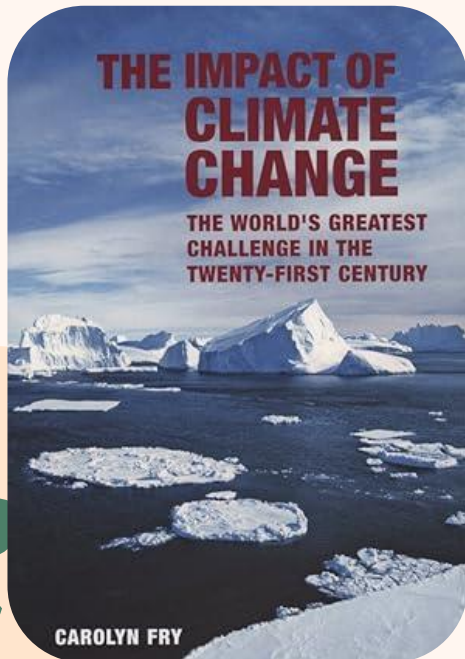
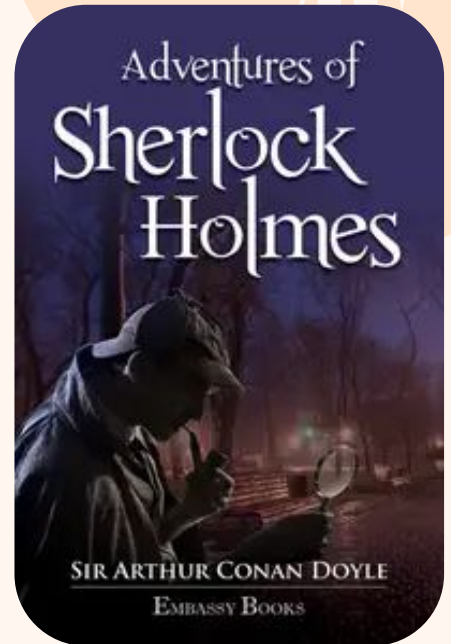
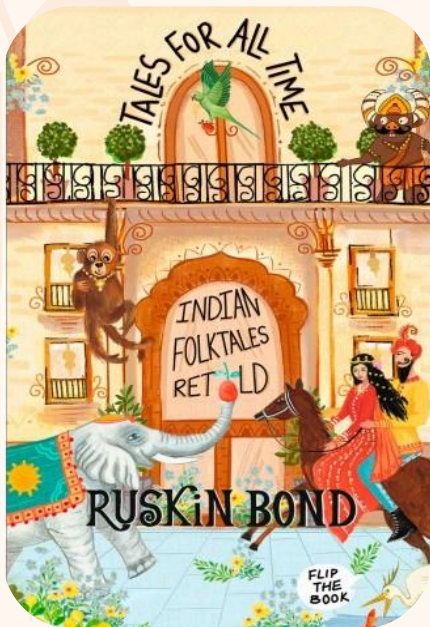
The students of IBDP Year 1 took the session forward by sharing their first-hand experiences of the Diploma Programme. They spoke about the opportunities, challenges, and the exciting journey of adapting to the DP curriculum. Their insights provided parents with a genuine glimpse into student life in the IBDP, making the session both engaging and relatable.

The orientation concluded with an open interaction, where parents asked questions and shared reflections, making the session lively and meaningful.



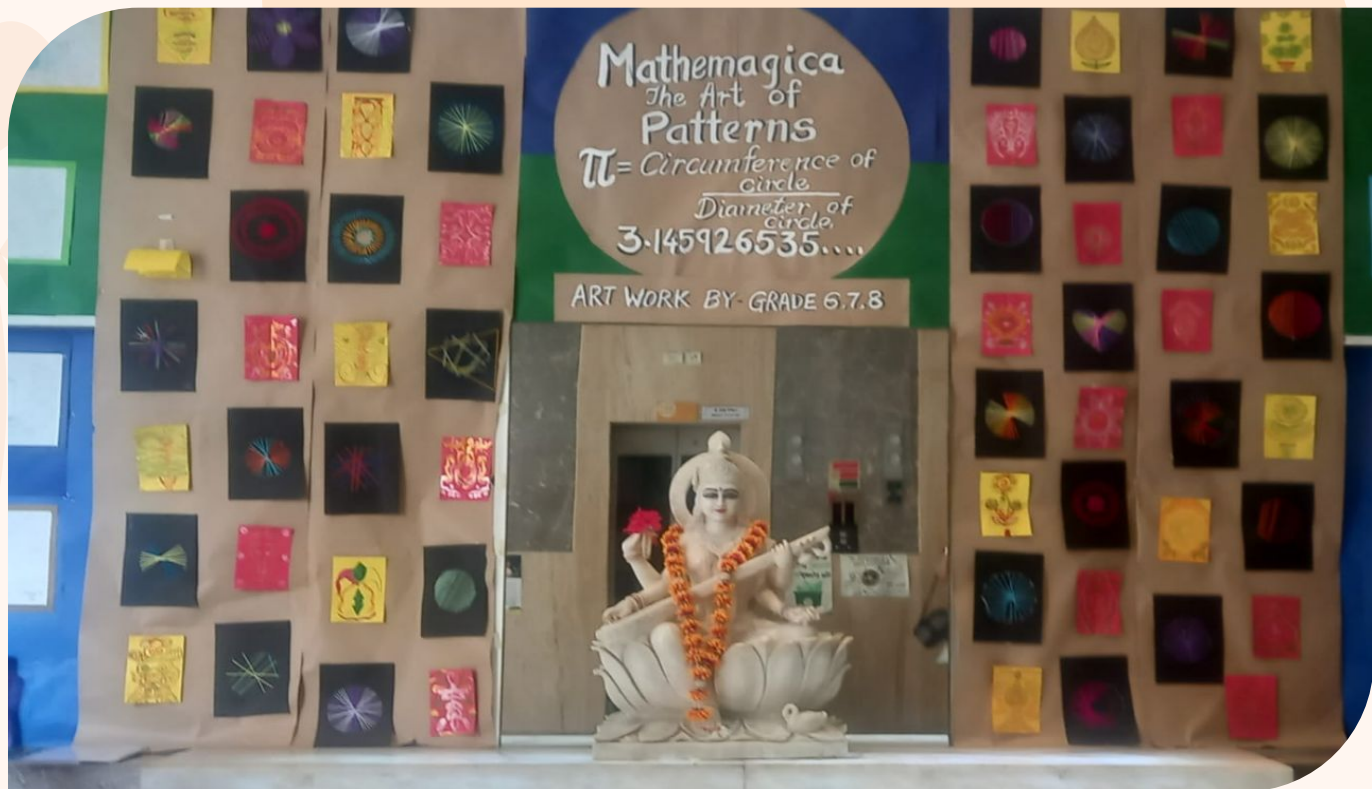
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