

The Communiqué



Nahar International School



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Active Learning





Visit to the Fire Station - learning about real-life heroes!

This month, our curious **Bees and Cubs** explored the fascinating world of vehicles with a special focus on emergency services. As part of their learning, the children went on an exciting field trip to a local fire station, where their classroom understanding came vividly to life.

From the moment they arrived, the children were warmly greeted by friendly firefighters who introduced them to the important work they do each day. Wide-eyed with wonder, our young learners got an up-close look at a real fire truck, marveled at its towering size, and listened in awe as its siren echoed through the station.

The visit was filled with engaging, hands-on experiences. Children observed the many tools and equipment used in firefighting, from heavy-duty hoses to protective gear, and watched a live demonstration of how a fire is extinguished. The highlight for many was the thrilling opportunity to hold the water hose and spray it just like a real firefighter.

This immersive experience deepened their understanding of emergency vehicles and sparked meaningful conversations about safety, teamwork, and courage. It was a day full of inspiration, excitement, and proud smiles.

We are grateful to the fire station team for welcoming our children and making this visit truly unforgettable. The children returned with hearts full of excitement and minds buzzing with new knowledge.



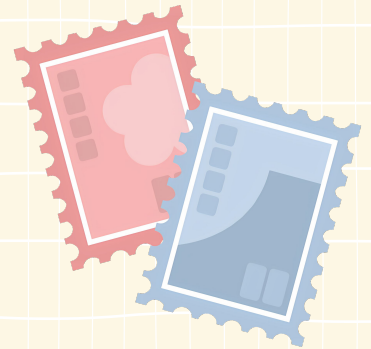
Visit to the Post Office - Learning how messages travel!

Our **EY3** children embarked on a delightful and educational journey to the local post office, turning a simple outing into a meaningful learning experience. With Diwali just around the corner, the children channelled their creativity into crafting personalized Diwali greeting cards, each one a heartfelt message of light and joy.

After designing their festive cards, the young learners carefully tucked them into envelopes, affixed stamps with precision, and proudly wrote their home addresses. This hands-on activity gave them a real-world understanding of how letters travel across distances to reach loved ones.

The excitement peaked when each child had the chance to post their own card into the big red post-box. Watching their greetings disappear into the slot sparked wonder and anticipation. What a thrill to imagine their cards journeying through the mail system and arriving at their homes!

Throughout the visit, the children learned about the role of mail carriers and the fascinating process behind delivering letters and parcels. This experience not only enriched their understanding of communication and logistics but also added a layer of festive joy to their Diwali celebrations.



Exploring Fiction and Non-Fiction



In Grade 3, students participated in an engaging activity aimed at deepening their understanding of fiction and non-fiction texts. The session was structured to encourage observation, comparison, and critical thinking through collaborative learning.

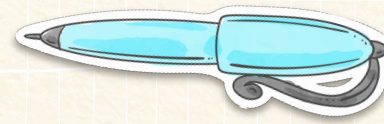
Students were paired as reading buddies. Within each pair, one student selected a storybook, while the other chose an informative book containing facts and details about various topics. Working together, they observed the unique features of both books. Storybooks offered characters, plots, and imaginative elements, whereas information texts provided factual content, diagrams, and real-world knowledge.

The pairs then shared their findings, leading to a class-wide discussion on the distinct characteristics, needs, and importance of fiction and non-fiction. Through this comparative analysis, learners not only identified the features of both genres but also reflected on their purposes—how fiction fosters creativity and imagination, while non-fiction builds understanding and awareness of the world.

This methodology allowed students to construct knowledge through active exploration and peer interaction. It also strengthened essential skills such as collaboration, communication, and analytical thinking, making the learning process both meaningful and memorable.



Making Peace – A Global Perspectives Culmination



Students of Grade 3 came together for their Global Perspectives culmination on the theme “**Make Peace.**” Each division explored a different setting where peace is essential, presenting short scenes along with practical, real-life solutions.

3A highlighted the importance of maintaining peace at home by portraying everyday family situations and showing how kindness and patience can help resolve conflicts.

3B focused on peace within a society or building, enacting scenarios where neighbours faced disagreements and demonstrating how understanding and cooperation create harmony.

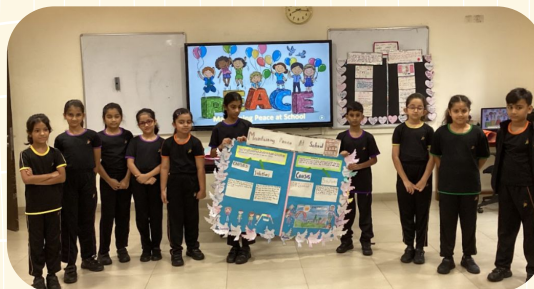
3C presented peace in school, showcasing how classmates can manage disagreements respectfully and contribute to a friendly, supportive environment.

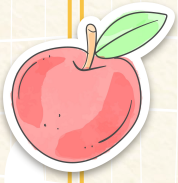
3D addressed peace at the airport, enacting moments of stress and tension while offering calm, respectful approaches to ease conflicts.

The children prepared their presentations in just one week, working with great enthusiasm to shape their ideas, practise their roles, and bring their perspectives to life. They not only shared what peace means to them but also offered solutions that can be applied in everyday situations.

Through this activity, students learned and practised essential life skills such as collaboration, teamwork, adjustment, flexibility, being accommodative, respectful communication, and expressing ideas thoughtfully. These skills helped them understand that conflicts, big or small, can be resolved with patience, empathy, and respect.

The culmination became a meaningful celebration where learners showcased their creativity, critical thinking, and sense of responsibility toward building a peaceful world. The confidence, clarity, and sincerity with which they presented their ideas reflected the depth of their learning, leaving the audience truly inspired.





Students Bring Water Bodies and Landforms to Life Through Creative Model Making

Grade 3C students recently explored water bodies and landforms by creating hands-on models. Using playdough, a plastic bottle, a straw, and other materials, they actively demonstrated their understanding of these important natural features.

To show how a river flows, students used a plastic bottle to pour water, simulating the movement of a river. They used a straw to represent a creek, allowing water to flow through a small channel. Islands, archipelagos, lakes and bays were carefully shaped with playdough, bringing these landforms to life.

This creative approach encouraged critical thinking, sensory learning, and teamwork. The students loved planning and building their models, making the lesson both educational and memorable.



Discovery Class – Exploring Green Peas & Carrots

Our EY3 children embarked on a delightful journey of discovery with two familiar vegetables: green peas and carrots. Using their observation booklets, the children became little scientists, examining each vegetable in its raw, frozen, and cooked forms.

Through this hands-on exploration, they:

- Observed and recorded features such as shape, colour, and taste
- Learned about the type of plant each vegetable comes from
- Compared the differences across the three forms
- Shared ideas about the dishes that can be prepared using peas and carrots

The activity encouraged careful observation, thoughtful comparison, and meaningful discussion. Most importantly, it helped the children connect everyday vegetables to their own experiences, making learning both fun and practical. By the end of the session, our young explorers had not only sharpened their observation skills but also developed a deeper appreciation for the food they see on their plates.



A Theatrical Expression of Learning – G4 English

Grade 4C Brings the Stage to Life with Creative Playwriting and Performance!

The lights dimmed, the curtains parted—and magic unfolded on the classroom stage! Grade 4C transformed into a vibrant troupe of young playwrights and performers, dazzling their audience with imagination, expression, and theatrical flair.

As part of an engaging play script-writing activity, the class was divided into four groups. Each group reimagined tales—Little Red Riding Hood, Goldilocks and the Three Bears, The Tricky Wizard, and The Lion and the Clever Beaver—by crafting original scripts with their own creative twists.

But their brilliance didn't end on paper. The young writers became directors and actors, bringing their stories to life with carefully crafted scenes, vivid dialogues, expressive stage directions, and creative props. From animated facial expressions to confident voice modulations, every student stepped into character with passion and poise.

Students didn't just write scripts—they created magic. Their classroom-turned-theatre became a celebration of collaboration, creativity, and storytelling at its finest.



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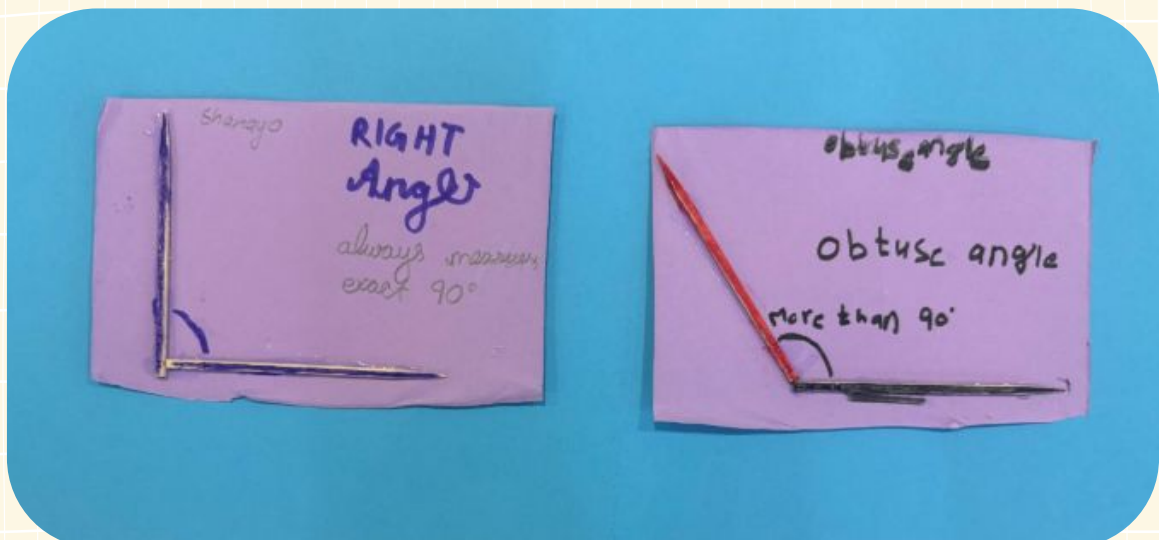
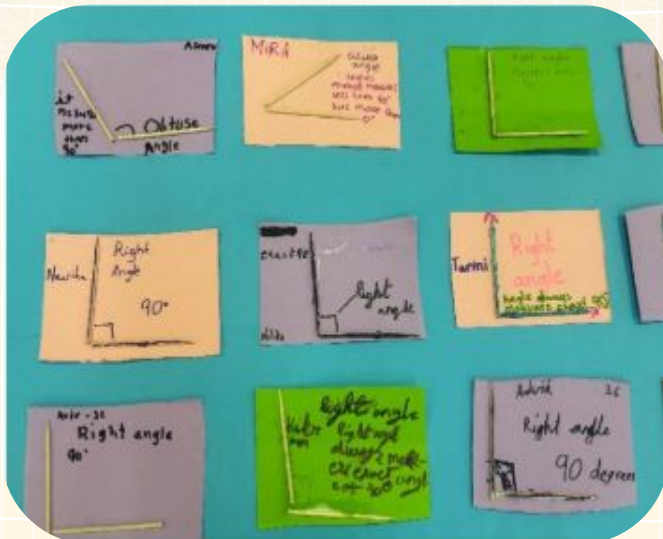


Angles everywhere—math all around us!

Grade 3 learners participated in an engaging hands-on activity to explore and understand different types of angles, including right, acute, and obtuse angles. Each student was free to choose and create an angle of their choice using toothpicks, carefully labelling it.

To support differentiated learning, students were encouraged to challenge themselves according to their level. Some focused on identifying and making simple right angles, while others explored more complex obtuse and acute angles. By actively constructing and measuring angles, students visualized the differences between 90° , less than 90° , and greater than 90° angles.

This interactive and creative approach reinforced their understanding of angles while promoting active learning, critical thinking, and artistic expression.





Grade 4 GP Culmination – Sharing Planet Earth

Grade 4C Turns Glass into Magic: Celebrating Sustainability Through Art

As part of our first Global Perspectives theme, *Sharing Planet Earth*, Grade 4 explored how we can care for our world and everyone who shares it. A key focus was the powerful idea of Reduce, Reuse, Recycle: simple actions that help protect our planet and build a more sustainable future.

Class into Magic – Class 4C

Class 4C wholeheartedly embraced the challenge of transforming used glass bottles into artistic masterpieces, and the results were truly enchanting!

Students poured their creativity into every piece:

- Bright colours danced across the glass through careful brush strokes, each one reflecting joy, nature, and hope.
- They selected earthy tones, vibrant shades, and even metallic paints to bring contrast and character to their designs.
- Bottles were adorned with pearls, mirrors, beads, and stones, adding sparkle and texture that turned simple containers into glowing planters, candle holders, and decorative centrepieces.

Some designs were inspired by nature, others by festivals or pure imagination, but all carried the same message: beauty can be created through reuse. Even the teachers joined in with their own artistic touches, making this a true class-wide collaboration. This hands-on activity offered students more than just an art experience. It deepened their understanding of sustainability while nurturing self-expression, teamwork, and mindful living.



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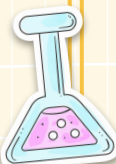


First Aid Workshop by the Medical Fraternity

The students of Grade 9 and AS level were part of a First Aid workshop conducted by the Hiranandani Hospital. The doctors talked about how providing immediate care in emergencies is a must for everyone. Basic life-saving skills like CPR, Heimlich maneuver for choking, controlling severe bleeding, treating burns, sprains, and managing conditions like heart attacks, strokes, and allergic reactions (anaphylaxis), focusing on staying calm, assessing danger, calling for help, and preventing worsening until professionals arrive.

Practical demonstrations formed a key part of the workshop. Participants were given hands-on training in CPR, bandaging techniques, and basic emergency response methods. These activities made the session interactive and helped participants gain confidence in applying the techniques in real-life situations.

As a result of the workshop, participants gained valuable practical knowledge and developed greater awareness about emergency preparedness. The feedback received was very positive, with participants appreciating the clear explanations, demonstrations, and interactive nature of the session. Overall, the First Aid Workshop was highly successful and proved to be a beneficial learning experience, emphasizing the importance of safety, preparedness, and responsible action during emergencies. This also prepared the students for the upcoming IAYP journey for the Duke of Edinburgh award.



Practice Journey - Duke of Edinburgh Award



As part of the Duke of Edinburgh (DofE) Award programme, a practice journey was organized to prepare participants for the final expedition. The journey aimed to develop essential skills such as teamwork, navigation, leadership, endurance, and self-reliance while traveling in an unfamiliar outdoor environment. It provided participants with hands-on experience and helped them understand the challenges of an expedition.

The journey was completed by both Grade 9 and AS participants and covered various components.

Tent Making activity: Students were divided into groups and were made to assemble the tent and even disassemble it. They followed the instructions given to them in the starting. It was great to see them learn these techniques. At the start it was a bit of a problem as they were trying to figure out the process but then team work worked the best.

Map reading and the Trek: In the end, they went on a trek in the Miyawaki forest. Before they started the trek they were taught about Map making and Map reading. The trek was much shorter. First they walked on an unknown terrain then this was followed by an incline walk through the forest. The entire journey took about an hour and half till they reached the top area. Here they rested and decided to have a snack. We discussed how many things we should have taken care of and how important it is to build our stamina. Some of them felt that it was easy but some did feel the difficulty. They also learnt how to read the map. They also understood how important the geography and environment in that area is. In the end they also sat down to make the entire map for the journey and save it with each other to help plan our trip accordingly. It was a great learning experience for the children.





Building digital responsibility with KPMG

As part of Cyber Safety Month, a Cyber Awareness Workshop was organised for Grade 6 to 9 students in the month of November '25. The session was conducted by KPMG Professionals, who guided students through essential practices for staying safe, responsible, and mindful in the digital space. The workshop aimed to deepen students' understanding of key aspects of online safety. Topics covered included identifying online scams, checking URLs and hyperlinks, creating strong passwords, understanding cyberbullying, responsible online gaming, online grooming, and various types of cyber attacks. Students were also reminded of the importance of respectful online behaviour and how their actions contribute to their digital footprint and reputation. A significant part of the session focused on helping students differentiate between personal information that is safe to share and information that must remain private. They also gained awareness of how suspicious links, pop-ups, and unfamiliar messages can pose risks, along with strategies to stay protected. The session highlighted the value of mindful communication, especially using respectful language while interacting online. Through real-life examples, simple scenarios, and interactive discussions, the workshop was made engaging and relatable. Students participated actively and showed keen interest in learning how to navigate the digital world wisely. Overall, the workshop successfully enhanced students' cyber awareness and encouraged them to make safer, smarter, and kinder choices online. It reinforced the importance of being responsible digital citizens who use technology with awareness and care.



Child Protection Laws Session - Safe, Informed, and Empowered

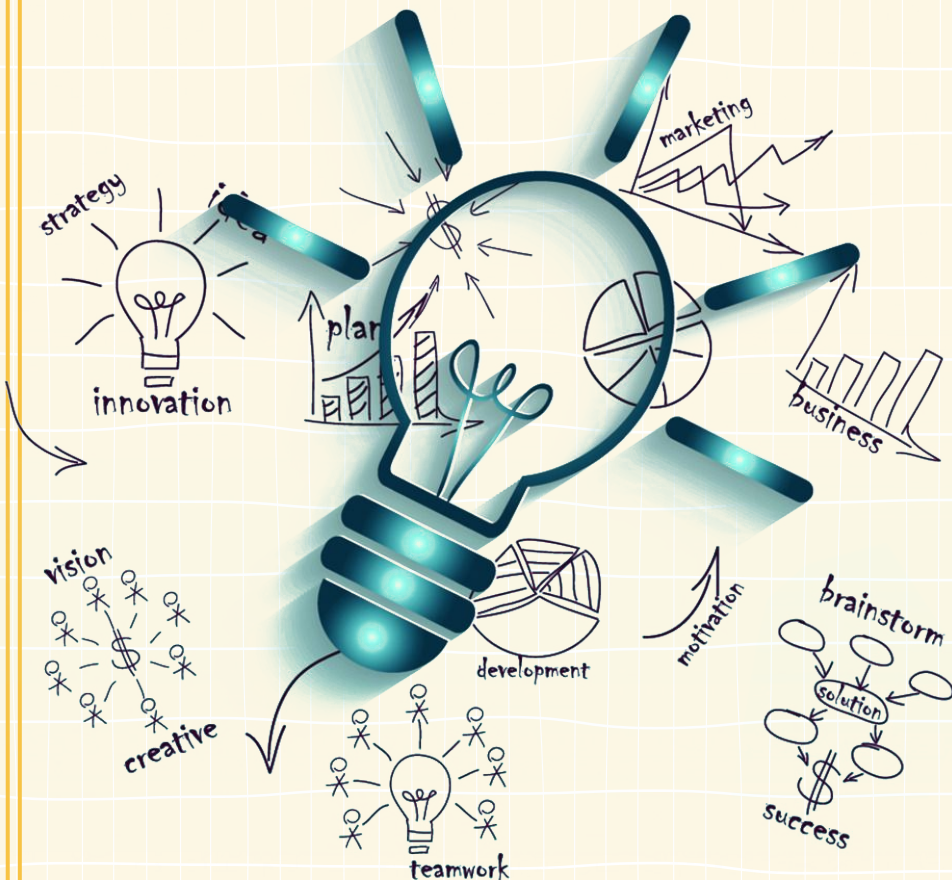
Our students had the opportunity to participate in an insightful awareness session conducted by Mr. Yashodeep Deshmukh, a distinguished lawyer with over 15 years of experience in the legal field. As a guest speaker, he guided students in understanding the key aspects of child protection laws, with a special focus on the POCSO (Protection of Children from Sexual Offences) Act.

The session highlighted the importance of personal safety, consent, and recognizing inappropriate behavior. Students were informed about their rights, the purpose of the law, and ways in which legal frameworks support and protect children. Through real-life examples and interactive guidance, they gained clarity on how to stay alert and seek support when necessary.

This initiative reflects our ongoing commitment to creating a secure and supportive school environment where every child feels empowered, protected, and confident about their safety.



Learning beyond academics



Dasada Diaries: Where Education Met Exploration

Educational trips don't just teach facts — they create memories that become lessons. While the larger purpose is to promote holistic education that extends beyond the four walls of the classroom, these trips often turn out to be a fun bonding experience for everyone involved. And ours was no exception!

Our Grade 5 students had their first experience of air travel with their school friends as they travelled to Dasada, located at the edge of the Little Rann of Kutch in Gujarat. The 4 day trip provided a plethora of activities that combined ancient history, interesting geography, marvels of mathematics and architecture as well as deep rooted culture and traditions. Our children demonstrated exemplary courage, resilience, empathy, and collaboration during these four days. Research has proved that children grow more resilient and responsible when they are challenged and pushed out of their comfort zones, and our Grade 5 students triumphed with flying colours.

A quick look at the highlights of this trip -

Enriching our students' learning through first hand experiences – they visited salt pans situated in the Little Rann and learned the process of making salt directly from the salt farmers. During the safari, they saw a group of Indian wild ass, Nilgai, flamingos and Siberian cranes amongst other migratory birds. They visited the world-famous Sabarmati Ashram to learn more about Gandhiji, his immense sacrifice, the principles of "Ahimsa", the Satyagraha movement, and last but not the least, they witnessed a live demonstration of how a ball of cotton turns into thread using the famous chakra.



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Fostering cultural awareness - Students took part in an engrossing beading workshop conducted

by the local women from the Mir community and made colourful bracelets. They tried their hand at

Lipan art (traditional mural craft of Kutch region), cooked up some savoury delights by making local Gujarati cuisine, and joined the locals in a lively Garba dance session.

Ignite curiosity – This trip provided an excellent opportunity to our students to delve deep into the rich history and architectural marvels of this region. First, they visited the famous Rani ki Vav, a UNESCO World Heritage Site built in the 11th century. Our students were completely engrossed to hear about the sculptures and their significance and flooded our guide with questions. Next, we proceeded to visit the Sun Temple of Modhera, a Hindu temple dedicated to the solar deity Surya located at Modhera village on the bank of the river Pushpavati. It was built around 1026-27 CE during the reign of Bhima I of the Chaulukya dynasty making it approximately 997 years old.

Last but not the least, we would like to proudly say that each one of our children have emerged as a winner by overcoming a variety of challenges - be it weather, travel, forgoing luxuries, electronic devices, while appreciating their privileges and understanding the necessities of life. They have taken a huge step towards their journey to become keen knowledge seekers and resilient learners.



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ISSO basketball Tournament Vadodara 2025

Le Bron James has said, "To be the best, you have to work the hardest. You have to chase what seems impossible over and over and over again."

This valuable lesson was learned by the Under 14 Basketball teams attending the ISSO Basketball Tournament hosted by Navrachana International School, Vadodara. The tournament held between 17th to 21st of November had skilled teams from over 40 schools. The teams played against strong opponents like JPIS, Chirec, Oberoi International, JBCN and Navrachana, making a mark on everyone's minds with their strong and fair gameplay. This experience provided them the valuable opportunity to hone their own skills while also learning that a team is made up of individuals with different skills and strengths, all working towards a common goal.

The Boys' and Girls' teams both showcased strong teamwork, determination, and tactical play throughout the tournament. They competed with confidence and resilience, supporting one another through every game. Through fairplay and the upholding of rules, they reflected excellent character and maturity in a competitive environment.

The boys' team was crowned runners-up of the special 'Never Give Up' Cup, having played the finals against Navrachana International School.

Off the court, the students were disciplined in their behaviour respecting limits and deadlines. It was a pleasure to see them all up and ready to play each morning, ensuring that we always arrived at the venue on time. It was also wonderful to observe them taking care of each other and ensuring that everyone was accounted for. They were cheerful and well-behaved throughout the trip, despite being in high spirits and full of verve.

Overall, the ISSO Basketball Tournament at Navrachana International School, Vadodara, was a rewarding experience for both teams. Our students embraced the challenge with enthusiasm, discipline, and a true spirit of sportsmanship, making the tournament a valuable learning opportunity both on and off the court. The tournament served as a meaningful step in their sporting journey and reinforced the values of teamwork, resilience, and integrity that NIS proudly upholds.



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Brandwar Competition – A True Renaissance Moment

Our Grade 9 students proudly represented Nahar at the “Renaissance” Brandwar Competition, hosted by Universal School, where they secured an impressive 2nd place. The event brought together some of the brightest young minds, challenging participants to think critically, respond creatively, and showcase strong analytical and communication skills.

Despite the rigorous competition and the complexity of the questions, our students rose to the challenge with remarkable confidence and poise. They displayed exceptional teamwork, quick thinking, and a deep understanding of every concept presented. Their ability to respond with clarity and composure truly set them apart.

Their stellar performance made us immensely proud. They not only demonstrated academic excellence but also embodied the core values of perseverance, dedication, and school spirit. Competing in such a demanding event—and excelling so brilliantly—is an achievement truly worth celebrating.

We extend our heartfelt appreciation to our Grade 9 representatives for their hard work and commitment. Their success at Brandwar stands as a testament to their talent and serves as an inspiration to the entire school community.

Congratulations to our young achievers on this remarkable accomplishment!



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Showcasing Excellence: Aiming for Gold at Cambridge Science Competition

The Cambridge Science Competition is an international platform that encourages students to apply scientific thinking and creativity to solve real-world problems. It aims to nurture innovation, research skills, and collaboration among young learners by challenging them to design and present practical solutions to global or local issues. Through this competition, students gain valuable experience in scientific inquiry, sustainability, and communication—helping them grow as future innovators and problem-solvers.

Our Grade 9 students have once again shown what creativity, teamwork, and perseverance can achieve. As part of the Cambridge Science Competition, they worked tirelessly after school, over weekends, and even during vacations to develop innovative solutions to real-world environmental challenges. Their projects combined scientific thinking with a strong sense of social responsibility — all aimed at creating a more sustainable future.

BioBand – Healing the Planet, One Bandage at a Time

Student Researchers: Ms. Meher Raj (9A)
Ms. Shivani Desai (9A)
Ms. Tiara Kathuria (9A)

The BioBand is an eco-friendly and biodegradable smart bandage that promotes both personal health and environmental sustainability. Made from natural materials like bamboo cloth, aloe vera, neem, turmeric, and cornstarch bioplastic, the BioBand prevents bacterial growth while decomposing harmlessly after use.

What makes it even more remarkable is its built-in pH-sensitive hydrogel layer made from red cabbage extract, which changes colour to indicate the wound's healing stage. Offering a low-cost, sustainable alternative to conventional plastic bandages, BioBand reflects our students' vision for a healthier and greener future.



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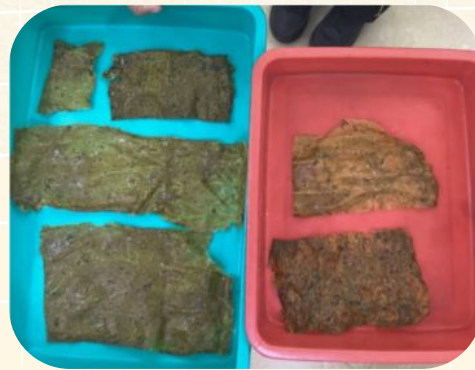
Bio-Harvest – Turning Waste into Sustainable Growth



Student Researchers: Ms. Aadya Bhardwaj (9A)
Ms. Devashree Uchil (9A)
Ms. Kiana Ramnani (9B)
Ms. Tanishka Bharatiraja (9B)

The Bio-Harvest project tackles one of agriculture's biggest problems — plastic waste. Our students designed a biodegradable mulch film made from banana peels, cornstarch, glycerine, vinegar, and natural antifungal agents such as neem, turmeric, and cinnamon.

This eco-friendly film helps retain soil moisture and prevent weed growth while decomposing naturally, enriching rather than harming the soil. After several trials, the team produced a durable, water-resistant sheet that offers farmers a sustainable and affordable alternative to plastic mulch. Bio-Harvest stands as a creative example of how everyday waste can be transformed into meaningful environmental solutions.

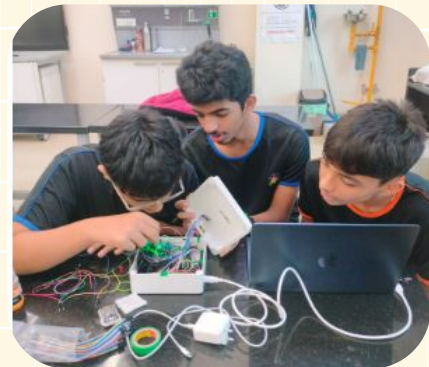


Farm Buddy – Smart Soil Testing Made Simple

Student Researchers: Mst. Aarav Sharma (9C)
Mst. Prenit Kathuria (9C)
Mst. Soham Mishra (9C)

Farm Buddy is a farmer-friendly bot that tests soil pH and NPK levels within seconds. Many farmers struggle with standard Soil Health Cards, which are often complex and difficult to interpret. FarmBuddy simplifies this by providing instant, easy-to-understand recommendations on suitable crops and fertilizers.

By bridging the gap between scientific testing and practical farming needs, this project supports better harvests, healthier soil, and more sustainable agriculture.



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HydraSol – Solar Power Meets Clean Water Innovation

Student Researchers: Advit Harlalka – 9C
Kushagrra Jain – 9B
Sorachi Ohshita – 9D
Tuwam Sethi – 9D
Vivaan Raghuvanshi – 9B

Students from NIS have designed HydraSol, a compact solar-powered floating filtration device that purifies contaminated pond and lake water using natural and sustainable materials. Developed as part of the Cambridge Science Competition, this student-led project combines solar energy, layered filtration, and smart sensing to offer an affordable solution for communities lacking large-scale water treatment systems. From research to prototype testing, the team's journey reflects creativity, collaboration, and a deep commitment to environmental sustainability.



Looking Ahead

These projects reflect the passion, perseverance, and purpose of our Grade 9 students. From healthcare to agriculture and environmental conservation, they've shown how science can be used to build a better future — one innovation at a time. Whatever the outcome of the competition, the learning, creativity, and teamwork behind these projects are what truly matter.

Their efforts remind us that meaningful change often begins with a simple idea — and the courage to turn it into reality



The background is a light beige color with a white grid pattern. It is decorated with numerous colorful confetti pieces in various shapes like stars, diamonds, and circles. A large, glowing yellow swoosh graphic frames the central text. At the bottom, there is a silhouette of a crowd of people with their arms raised in celebration, colored in shades of blue, red, and orange.

Events

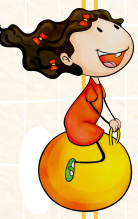
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Tiny steps, big smiles! Children's Day fun

Bees and Cubs marked Children's Day with a celebration that brought together tradition, culture, and joyful learning. The children arrived dressed in traditional attire, adding color and vibrancy to the occasion. A village set-up was created to give them a glimpse into rural life, where they carried hay, walked on leaves and pebbles, sifted rice, and cared for farm animals. They also expressed their creativity by using chalk to draw on the walls of huts, experiencing firsthand the simplicity and beauty of village living. The day was filled with games and activities that delighted the children. They played familiar favorites such as Chidiya Ud and hopscotch, which encouraged both fun and coordination. In addition, they prepared bhel and enjoyed traditional snacks like jaggery and roasted chana, connecting them to the flavors of rural India.

The celebration was not only a day of enjoyment but also an opportunity for the children to appreciate their cultural roots and the values of community life. By engaging in these activities, they learned to value simplicity, creativity, and togetherness. The Children's Day program at Bees and Cubs was a memorable occasion that combined play, tradition, and learning in a meaningful way.





Fit bodies, happy hearts – Fun Fitness Day!

The Bees and Cubs Fun Fitness Day (Sports Day) was a joyful occasion that brought together children, parents, and teachers in a spirit of unity and celebration. This was not simply another event on the school calendar, but a day carefully crafted with love and enthusiasm, designed to highlight the importance of play, connection, and teamwork.

The purpose of the day was not competition or winning, but rather the joy of participating side by side. Parents and children shared laughter, discovered new moments of connection, and celebrated the simple power of playing together. As families ran, jumped, and joined in the games, many rediscovered the child within themselves and created memories that will remain long after the day has passed.

Our young Bees and Cubs had been eagerly awaiting this opportunity to guide their parents through the activities. With their natural energy and excitement, they became the best teachers, showing how each game could be enjoyed to the fullest. To make participation easier, placards were placed beside each game with clear instructions, ensuring that everyone could join in with confidence.

The day was filled with warmth, laughter, and togetherness. It reminded us all that sports can be more than competition; they can be a celebration of family, friendship, and shared joy.



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Diwali Delight: Bees and Cubs Light Up the School with Festive Cheer!

The spirit of Diwali came alive in school as our enthusiastic Bees and Cubs embraced the festival with joy, creativity, and sparkle! The corridors transformed into a vibrant celebration of light and color, adorned with twinkling diyas, shimmering streamers, and festive artwork that radiated warmth and excitement.

Rangoli Magic and Classroom Charm

Outside their classrooms, the children crafted beautiful flower rangolis, blending petals and colors with tiny hands and big smiles. Each design was a burst of imagination, reflecting the joy of the season and the pride of creation.

A Festive Performance to Remember

Each class had the chance to perform for their friends, singing and dancing to Diwali songs that filled the air with music, movement, and celebration. These heartwarming performances beautifully showcased togetherness and festive spirit, and the children beamed with pride as they shared their joy with peers.

A Festival to Remember

This Diwali celebration was more than just lights and sweets, it was a joyful journey of togetherness, tradition, and childhood wonder. The children truly lit up the school with their energy and smiles, making it a festival to remember.

Diwali Mela Extravaganza

The highlight of the day was the Diwali Mela, lovingly organized by parents. The children buzzed with excitement as they explored the festive stalls. From tossing rings to spinning wheels, the games brought laughter and cheers. Children also got hands-on with art, making their own rangolis and torans to take home as keepsakes of their creativity.

Treats, Tattoos, and Trifles

The fun continued with themed tattoos, which the children wore proudly like festive badges. No celebration is complete without treats, and the day ended on a delicious note with a special surprise: a gulab jamun trifle that had everyone asking for seconds!



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Parent Connect Day – Connecting for better Learning

Parent Connect Days in the primary section play an essential role in strengthening the partnership between school and home. These interactions help parents understand their child’s learning patterns, strengths, and areas that may need support—ensuring timely intervention at this crucial stage.

The latest Parent Connect Day was held on Friday, 28th November, with an excellent turnout of families eager to connect with teachers.

Grade-Wise Highlights

- Grade 1: Conducted a PTM focused on English, Math, and EVS.
- Grades 2 & 4: Hosted a Book Look session where parents reviewed notebooks, workbooks, and worksheets. Students proudly showcased their work and explained their learning progress.
- Grades 3 & 5: Organised Coffee Mornings to introduce parents to the Cambridge pedagogy. Teachers demonstrated how lessons are planned, how learning objectives unfold, and how Bloom’s hierarchy guides classroom instruction. Parents also took part in hands-on activities, games, and science experiments that reflect active learning in the primary years.

Key

Takeaways

Parents gained a clearer understanding of:

- The Cambridge spiral curriculum
- Core subject learning objectives
- Classroom strategies and active learning methods
- Ways to support learning at home

The event proved to be a meaningful blend of learning, interaction, and celebration, further strengthening the home–school connection and highlighting the progress of our young learners.



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Grade 5 Coffee Morning - A Glimpse into Meaningful Math Learning

Our Grade 5 Coffee Morning was a wonderful blend of learning, collaboration, and hands-on exploration. We began the session by introducing parents to the Cambridge Spiral Curriculum, explaining how mathematical concepts are revisited and strengthened each year across different strands. We also shared the number system progression from Grade 1 to Grade 5, helping parents understand how foundational skills pave the way for advanced mathematical thinking.

The highlight of the morning was an interactive exploration of quadrilaterals, where parents and students worked together through engaging activities.

Key Experiences from the Session

- **Mystery Bag Challenge:** Parents helped identify 2D shapes and discovered that all four-sided shapes form the special family of *quadrilaterals*.
- **Introducing Quadrilaterals:** Using visual aids and real-life examples such as windows, book covers, and tabletops, parents revisited the properties of quadrilaterals.
- **Build-a-Quadrilateral Lab:** Using geoboards, rubber bands, parents pairs created and transformed different quadrilaterals by changing side lengths and angles. They identified and shared three key properties of each shape, promoting reasoning and higher-order thinking.

Why the Coffee Morning Mattered

- Strengthened parent-child learning bonds
- Made math hands-on, visual, and enjoyable
- Boosted students' confidence as they explained their thinking
- Fostered deeper home-school partnership
- Encouraged critical thinking beyond memorization

It was truly heartwarming to see our parents and students explore, discuss, and enjoy mathematics together. The morning beautifully reflected our belief that learning grows stronger when it is shared.




Curiosity and Conversations!

Grade 3 Coffee Morning – Science Edition

The Grade 3 Coffee Morning gave parents a clear overview of the Cambridge Primary Science curriculum and its spiral learning approach, where key concepts are revisited from Grades 1–5 with increasing depth.

Curriculum Progression:

- Grade 1: Identifying everyday materials and their properties.
- Grade 2: Grouping materials; introduction to solids, liquids, gases, and simple mixtures.
- Grade 3: Using the particle model to understand physical and simple chemical changes.
- Grade 4: Exploring states of matter, mixtures, solutions, and reversible/irreversible changes.
- Grade 5: Understanding state changes, gas properties, conductivity, and chemical reactions.



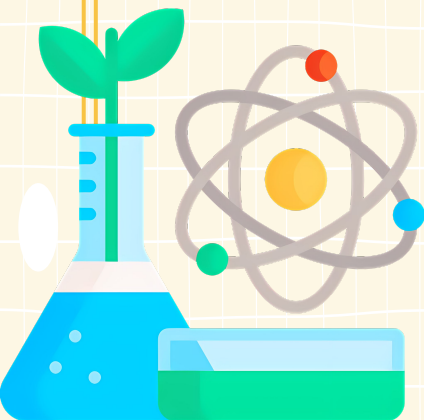
Teachers highlighted the shift from textbook-based teaching to hands-on, inquiry-based learning. The session used the 5E Model (Engage, Explore, Explain, Extend, Evaluate) and included interactive demonstrations, such as a “particle arrangement” activity that illustrated the three states of matter.

Parents also experienced classroom-style tasks, including creating particle models and exploring materials used in practical activities like Tinker Village.

Overall, the Coffee Morning offered parents a brief yet meaningful insight into how our science program develops curiosity, critical thinking, and a strong foundation in scientific understanding.



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A Morning of Language and Learning – Grade 5 English Coffee Morning

The Grade 5 English Coffee Morning gave parents a clear overview of how students read, analyse, and write information texts with explanations. The session began by highlighting everyday examples of such texts and their real-world importance.

Spiral Learning Progression (Grades 1–5):

- G1: Labels, pictures, simple facts
- G2: Short factual paragraphs, simple sentences
- G3: Headings, subheadings, basic cause-and-effect
- G4: Connectives, diagrams, simple research
- G5: Technical vocabulary, clarity, multi-paragraph explanations

Key Learning Focus

Parents explored Grade 5 skills such as identifying text features, analysing cause and effect, and understanding how structure supports clear explanations. A sample text, *How Bees Make Honey*, helped illustrate these concepts.

Interactive Activity

Parents compared information and explanation texts using a Venn diagram, reflecting classroom learning and analytical techniques used by students.

Student Work Showcase

Teachers shared samples showing the writing process—from research notes to final drafts—demonstrating students' growing confidence and organisation.

Parents were encouraged to:

- Read non-fiction with their children
- Discuss how things work
- Watch short educational videos
- Practise sequencing tasks

The session ended with a Q&A, strengthening the home–school partnership.



Celebrating Children's Day with happy hearts and smiles!

This year's Children's Day at NIS was nothing short of spectacular for our Grade 5 students! The day was packed with energy, creativity and joyful experiences that the children will remember for a long time.

🎮 A Fun-Filled Start

The celebrations kicked off during CT with a series of action-packed games. Laughter, teamwork, and friendly competition set the perfect tone for the day ahead.

🎨 Creativity Unleashed

Students then moved on to engaging art activities, where they explored colours, ideas, and their imagination. Every child contributed something unique and expressive.

🍕 Little Chefs at Work

One of the highlights of the morning was the Pizza-Making session in the cafeteria. Students designed their own pizzas—and of course, enjoyed every bite of their delicious creations!

🚌 An Exciting Trip to South Mumbai

In the afternoon, the adventure continued as Grade 5 travelled to Fort, South Mumbai, to visit the Paradox Museum. Here, students were amazed by the mind-boggling displays, optical illusions and interactive exhibits that challenged their perception and sparked endless curiosity.

✨ A Day to Remember

Overall, it was a fun-filled, thrilling and enriching day, perfectly celebrating the spirit, joy and wonder of childhood. Grade 5 students returned with big smiles, unforgettable memories, and stories to share!



Happy Children's Day – Nurturing young minds and joyful hearts

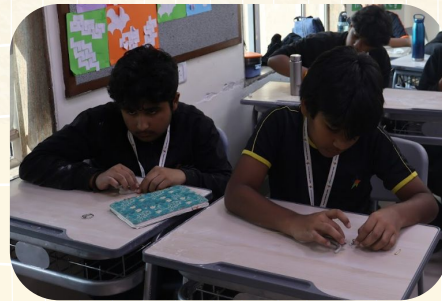
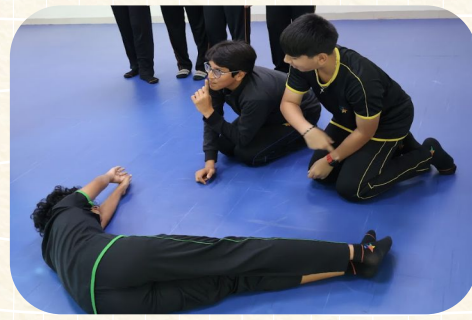
14th November, the birthday of Dr. Jawaharlal Nehru, has come to signify as a day for celebrating innocence and the joy of being. At NIS, plans for a lively Children's Day were afoot for over two weeks. Teachers meticulously plotted and planned all the different aspects of the day's festivities. A good mix of academic and fun activities were carefully prepared. The day dawned bright and the school was soon filled with excited chatter as 'Children' from primary right up to Grade 12 arrived, eager to be given special attention. Middle School Classrooms were bedecked with colourful streamers and pennants waving in welcome. Adding to the gaiety, were the voices of the children, excited and agog to engage in the various activities that were part of the day. Each Grade had a smorgasbord of activities ready for the students.

Children's Day for **Grade 6** was celebrated with great joy and excitement. The morning began with students choosing to sit with their friends in any class, setting a cheerful tone for the day. They then enjoyed a heartfelt "scrapbook" video filled with their pictures and memories. Next, students took part in an exciting Treasure Hunt, followed by a rotation of fun games such as the "1-Minute Challenge," "Freeze the Movement," "Head, Shoulders, Knees, Toes," and the Ball Relay. These activities brought out teamwork, energy, and lots of laughter. During the short break, students were treated to Tang and popcorn before heading to their PE period, where they enjoyed free play with their friends. In the final two classes, students created colourful yo-yos as part of a hands-on art activity. The day ended with each child receiving a personalised bookmark featuring an acronym of their name with positive adjectives. The celebration wrapped up with happy smiles and wonderful memories for all.





Children's Day for **Grade 7** was celebrated with great joy and enthusiasm. The morning began with a warm classroom welcome, followed by the reading of Jawaharlal Nehru's letters to children, reminding students of his values of curiosity and kindness. The students participated in a lively Five Corners Activity, where each class enjoyed a different fun challenge. Activities included physical games with hula hoops, a team-based science maze, a cup-flip and tic-tac-toe relay, a mini-hurdle telematch, and the energetic "Steal the Cup" game. These activities encouraged teamwork, agility, problem-solving, and lots of laughter across all sections. After the morning events, students continued with their regular classes and later enjoyed one hour of free play on the turf, allowing them to relax, play with friends, and celebrate the spirit of the day. In the afternoon, students engaged in a creative art session where they crafted keychains and fridge magnets using air-dry clay and quilling strips. This hands-on activity encouraged imagination and gave students a personalised keepsake from the celebration. The day concluded with cheerful smiles, strengthened friendships, and lasting memories for all students.



Grade 8, in a bid to make the day completely fruitful had Academics, PE, Games and Art all bundled into the course of the day. The morning commenced with academics, followed by PE and games. To end the day on a high note, students played a game of Guess Who, with old pictures of their classmates and friends. It was a rousing activity that showed them how well they knew each other and served to bring them just a little bit closer as a unit. The day ended with an Art Activity, where they crafted personalised Keychain charms with Air Drying clay, as takeaways. The students experimented and displayed their creativity in manipulating the medium. The flavourful highlight of the day for all the students came in the form of the fan-favourite PopCorn and Tang served to all and sundry. Needless to say, the Children's Day Celebration in Middle School was the reflection of the true spirit of the NIS family.

Assembly time – Learning values, discipline, and togetherness.

On 26th August, the students of **Grade 6A** presented an inspiring assembly on the theme of Courage. The programme was thoughtfully designed and curated entirely by the students themselves within a limited period of preparation, ensuring that every student of the class participated. It was a truly student-led assembly that reflected their creativity, teamwork, and spirit.

The assembly began with a thought for the day, reminding everyone that courage is not the absence of fear but the ability to act despite it.

Students then shared personal experiences of courage, narrating moments when they overcame fear, stood up for what was right, or tried something new despite challenges. These reflections made the theme personal and relatable. Following this, a student presented a news story of courage that they found inspiring, showing how acts of bravery continue to shape the world around us.

The assembly continued with an engaging skit and role plays where students portrayed courageous personalities who inspired them- Misty Copeland, Glenn Maxwell, Thibaut Courtois, and Katelyn Ohashi. Some of these presentations were creatively combined with gymnastics and ballet performances, symbolizing courage through discipline, grace, and perseverance. Adding energy and rhythm, a group of students performed a rap on courage, accompanied by beatboxing and clap box, which brought enthusiastic applause from the audience.

The assembly concluded with a thank you note, reminding everyone that courage is not only found in big heroic moments, but also in the small choices and actions we take in our daily lives. The programme was an uplifting experience that left the audience inspired to embrace courage in every form.



6A



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Assembly time – Learning values, discipline, and togetherness.

The students of **Grade 6B** presented a remarkable assembly on the theme “Courage.” The assembly beautifully captured what courage truly means for children, especially within a school environment. Through a thoughtfully designed skit, the students demonstrated how courage plays a significant role in everyday school life; whether it is speaking up, facing challenges, or trying something new. They emphasized that courage is not the absence of fear, but the ability to manage it without feeling overwhelmed.

The assembly also included musical performances where students confidently sang together, and one student showcased his talent by playing the guitar. A vibrant dance performance further highlighted the spirit of bravery and determination.

The assembly concluded with a heartfelt prayer followed by the national anthem, leaving everyone inspired and proud.



6B



Assembly time – Learning values, discipline, and togetherness.



On 30th September, the students of **Grade 6C** presented a meaningful and engaging assembly centred on the theme of Responsibility. The programme thoughtfully combined performances, reflections, and student initiatives, highlighting the importance of making mindful and accountable choices.

The assembly commenced with a warm welcome, followed by the Thought of the Day: *“Our choices today shape the tomorrow we live in.”* This was accompanied by the morning headlines, setting an informed and reflective tone for the audience.

An energetic and well-coordinated dance performance added vibrancy and enthusiasm to the programme. This was followed by an engaging skit on responsibility titled *“The School Play Disaster.”* The act portrayed a class preparing for their Annual Day play, where last-minute chaos, forgotten props, misplaced scripts, and blame-shifting led to humorous confusion. Through relatable characters, the skit conveyed a strong message that responsibility requires preparation, consistency, and teamwork. The act concluded with the powerful realization that taking ownership is the first step towards success.

The Grade 6C choir then presented an original song on responsibility. Their harmonious performance and meaningful lyrics reflected creativity, collaboration, and thoughtful effort. This was followed by the sharing of a real-life incident from Gujarat, illustrating the consequences of irresponsible behaviour and encouraging students to make responsible choices in their daily lives.

A proud moment of the assembly was the introduction of a student-authored published book, *“A Poet’s Thoughts.”* A poem from the collection was read aloud, inspiring peers through creativity, dedication, and self-expression.

The programme concluded with a sincere Vote of Thanks, appreciating the efforts of all participants and teachers. The assembly ended with the National Anthem, bringing the session to a respectful close. Overall, the Grade 6C assembly was a wonderful blend of creativity, learning, and reflection, reminding everyone that responsibility begins with each one of us.





Assembly time – Learning values, discipline, and togetherness.

On 4th November 2025, **Class 6D** presented their much-awaited assembly. The journey had begun back in August, when the homeroom teachers announced that the class could choose their own theme, with just one criterion: the story had to convey the message of '*being responsible*'.

During the brainstorming sessions, the idea of creating a *Harry Potter*-themed assembly was proposed, but with a twist. After enthusiastic discussions of various ideas, the students finalised a storyline. Their story followed Jess, a 12-year-old girl who discovered that she was a witch. Through a series of magical yet unfortunate accidents, Jess learns that true magic lies in restraint, discipline, and responsibility.

Every student contributed and put in great effort to make the assembly a success. The scriptwriters worked relentlessly to finalise the script, after which the class began practising. They worked together to memorise their lines, rehearse their scenes, and support one another throughout the process.

When the final day arrived, a mix of nerves and excitement filled the air. But once they stepped onto the stage, every performer displayed remarkable confidence. Their hard work shone through, and by the end of the assembly, the hall echoed with a huge round of applause.

As Class 6D took a bow and graciously accepted the audience's applause and feedback, their message rang out clearly:

"With great power comes great responsibility."



6D



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Assembly time – Learning values, discipline, and togetherness.

The **Grade 6E** students showcased the power of resilience through the inspiring journey of the Williams sisters (Venus and Serena Williams), guided by their father's unwavering belief. They demonstrated that with hard work, courage, and determination, dreams can be achieved against all odds. They further expressed the spirit of resilience through the song *Hum Honge Kaamyab*. The Hindi poem (तुम चलो तो सही) recited by a student also highlighted the message of hope and strength. Together, they celebrated the idea that success comes to those who never give up.



6E



Session on Nutrition with Grade 9 Students

NIS Grade 9 students recently had the opportunity to participate in an enriching and insightful session with **Ms. Avanee Parekh**, a distinguished Nutritionist with over 25 years of professional experience in Mumbai. Her expertise in the field has been widely recognized, including a special acknowledgment from the former Maharashtra Chief Minister, Shri Devendra Fadnavis, in 2018 for her contribution to health and wellness.

The session aimed to create awareness among adolescents about the importance of developing healthy eating habits early in life. Ms. Parekh shared practical, research-backed insights on balanced nutrition, the role of macronutrients and micronutrients, hydration, sleep, and lifestyle choices. She emphasized how thoughtful food decisions can positively influence energy levels, concentration, academic performance, emotional balance, immunity, and long-term well-being.

Through engaging discussions, real-life examples, and myth-busting conversations, she encouraged students to critically evaluate their daily food patterns. Students actively participated by asking questions about fad diets, junk food, sugar intake, and healthy snacking options. Ms. Parekh highlighted small, achievable changes—such as mindful eating, label reading, portion control, and incorporating more whole foods—that can make a significant difference to their overall health.

Ms. Parekh currently practices at Nahar Medical Center, where she offers personalized consultations based on science-driven nutritional planning.

Mr. Nilanjan and Ms. Noopura Patankar were present with the students, supporting and facilitating the interactive learning experience.

The session proved to be a valuable learning experience, leaving students more aware, empowered, and motivated to adopt healthier dietary choices in their everyday lives.



The Nahar Star League inter-school sports competition, hosted by Nahar International School in November 2025, brought together over a hundred students from across Mumbai to compete in football and basketball. The two days were packed with excitement and school spirit as students cheered each other on and celebrated every moment together. It was a kaleidoscope of emotions, with students showing passion, confidence, and incredible sportsmanship while enjoying the thrill of the competition. Although there were brief moments of frustration, whether it was a conceded goal for the players or extreme weather for the organisers, the support of the school staff and volunteers helped the event pull through, and ultimately the experience was worth the effort. The winning schools in Football and Basketball ball for both categories were Oberoi International and BD Somani International.

NSL 2025 was a success thanks to the support of all our student volunteers, staff and admin team. The experience displayed the value of sports beyond physical education; to build friendships and create special experiences!



MISAesthetics 2025 : A Celebration of Creativity and Collaboration

MISAesthetics is an inter school cultural and creative arts festival that celebrates talent, innovation, and collaboration among young artists. This year, NIS had the privilege of hosting the event, welcoming seven participating schools to our campus for a vibrant day of artistic expression, teamwork, and healthy competition.

The festival featured a diverse range of categories for both junior and senior students, ensuring that every participant had a chance to showcase their unique abilities.

Events included:

- Senior and Junior Singing
- Senior and Junior Dancing
- Clay Modelling
- T-Shirt Designing
- Denim Dazzle
- Doughnut Delight
- Miniature Landscape Creation



Each category encouraged students to think creatively, apply their skills, and push their artistic boundaries. The atmosphere throughout the campus was energetic and inspiring, with participants demonstrating remarkable enthusiasm, passion, and sportsmanship.

What truly distinguished MISAesthetics was its spirit of learning and collaboration. The event brought together young artists from various schools, offering them an invaluable opportunity to exchange ideas, observe new techniques, and appreciate diverse creative perspectives. This interaction enriched their artistic experience far beyond the confines of competition.

Hosting the festival allowed NIS to create a platform where talent could shine and meaningful connections could grow. The seamless execution of the event was made possible by the dedicated teamwork of teachers, volunteers, and student leaders, whose efforts ensured a memorable and well-organized day for all.

MISAesthetics 2025 was more than a competition, it was a celebration of creativity, community, and the transformative power of the arts in education. The event fulfilled its purpose of nurturing confidence, encouraging artistic expression, and strengthening bonds among participating schools.



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Parent Sessions: Raising Steady, Confident Children: Parenting with Presence Across the Growing Years

"The way we speak to our children today becomes their inner voice tomorrow."
- Peggy O'Mara

"Parenting today calls for more than just guidance — it invites emotional attunement, compassionate communication, and a deep understanding of children's changing needs.". With this vision, our recent series of parenting workshops led by Ms. Urvashi Musale, National Award-winning Child and Teen Psychologist and Stanford-certified expert in Child Behavior Management, offered parents valuable insights across the developmental journey—from early childhood to adolescence and exam years.

Across these thoughtfully curated sessions, parents were invited to pause and reflect on a powerful truth: the way we engage with our children today shapes their confidence, coping skills, and inner voice tomorrow. Below is a brief overview of the various sessions facilitated by Ms. Urvashi.

Pre-Primary-'Confident Minds Begin with Right Guidance'-

The pre-primary session held on 24th November 2025 invited parents to rethink the true meaning of early childhood learning through a thought-provoking question: *"What if real learning in early childhood has little to do with academics or information overload?"* Parents were led to reflect on learning as a process deeply rooted in sensory experiences, repetition, observation, imagination, storytelling, and meaningful real-life engagement. The session also addressed how to respond to children's big and often unexpected questions, highlighting the value of short, honest, and age-appropriate explanations, while acknowledging that gentle white lies may sometimes help preserve a child's sense of safety. As the session concluded, Ms. Musale shared a powerful reminder that children imitate what they see far more than what they hear, introducing the "Power of Pause" as a way for parents to respond mindfully. Overall, the session emphasized that the strongest foundations in early childhood are built through presence, play, mindful communication, and intentional parenting.

Primary-Beyond Screen Time: Building Routines, Skills, and Real Connection at Home

Ms.Urvashi delivered a truly power-packed and insightful two-hour session, offering parents a rich toolkit of strategies to navigate the modern challenges children face today. From managing screen time and excessive worry to nurturing self-esteem, emotional resilience, and stronger family bonds, the session addressed issues that resonate deeply with every parent.

What made her session especially meaningful was the balance between science-backed insights and real-life practicality. Speaking not just as an expert but also as a mother, Ms.Urvashi connected authentically with parents, offering solutions that felt both achievable and reassuring.

Parents were seen exchanging notes, sharing their concerns and experiences related to excessive screen time. Ms.Urvashi invited the parent community to pause and reflect, gently holding up a mirror to their own role in shaping their children's lives. She emphasized that the responsibility ultimately rests with parents to thoughtfully decide what is right for their children, even when it is not the easiest path. Parents were encouraged to prioritize meaningful, gadget-free time and to nurture strong values from an early age, laying the foundation for confident and grounded growth.

As she rightly highlighted, parenting doesn't come with a manual. But after the session, NIS Primary parents certainly walked away feeling more informed, empowered, and supported — almost as if they now have one.



Middle school-Too Involved or Too Distant? Finding the Right Balance in Parenting Teens

The session for middle school(Grade 6-8) parents held on 22nd November,2025 explored the evolving journey of raising adolescents in today's complex social and digital world. The discussion acknowledged that parenting during these years can feel challenging due to limited time, short-term approaches, and an over-reliance on restriction. Parents reflected on concerns such as social media exposure, catfishing, online grooming, and adolescents seeking belonging online, highlighting the importance for awareness, presence, and proactive engagement at home.

Ms. Musale emphasized that parenting must grow alongside children—what supports an eight-year-old may not serve a twelve-year-old—and invited parents to redefine success in the teenage years as building trust, listening with openness, and allowing room for mistakes while anchoring children in safety and values. Practical strategies were shared to ease power struggles, strengthen communication, and model calm, respectful behavior, reinforcing that adolescents learn as much from what they observe as from what they are told. The session concluded on an affirming note, highlighting the role of parents in equipping adolescents with essential life skills—critical thinking, thoughtful decision-making, problem-solving, time management, and balance—so they can navigate adolescence with confidence and clarity.



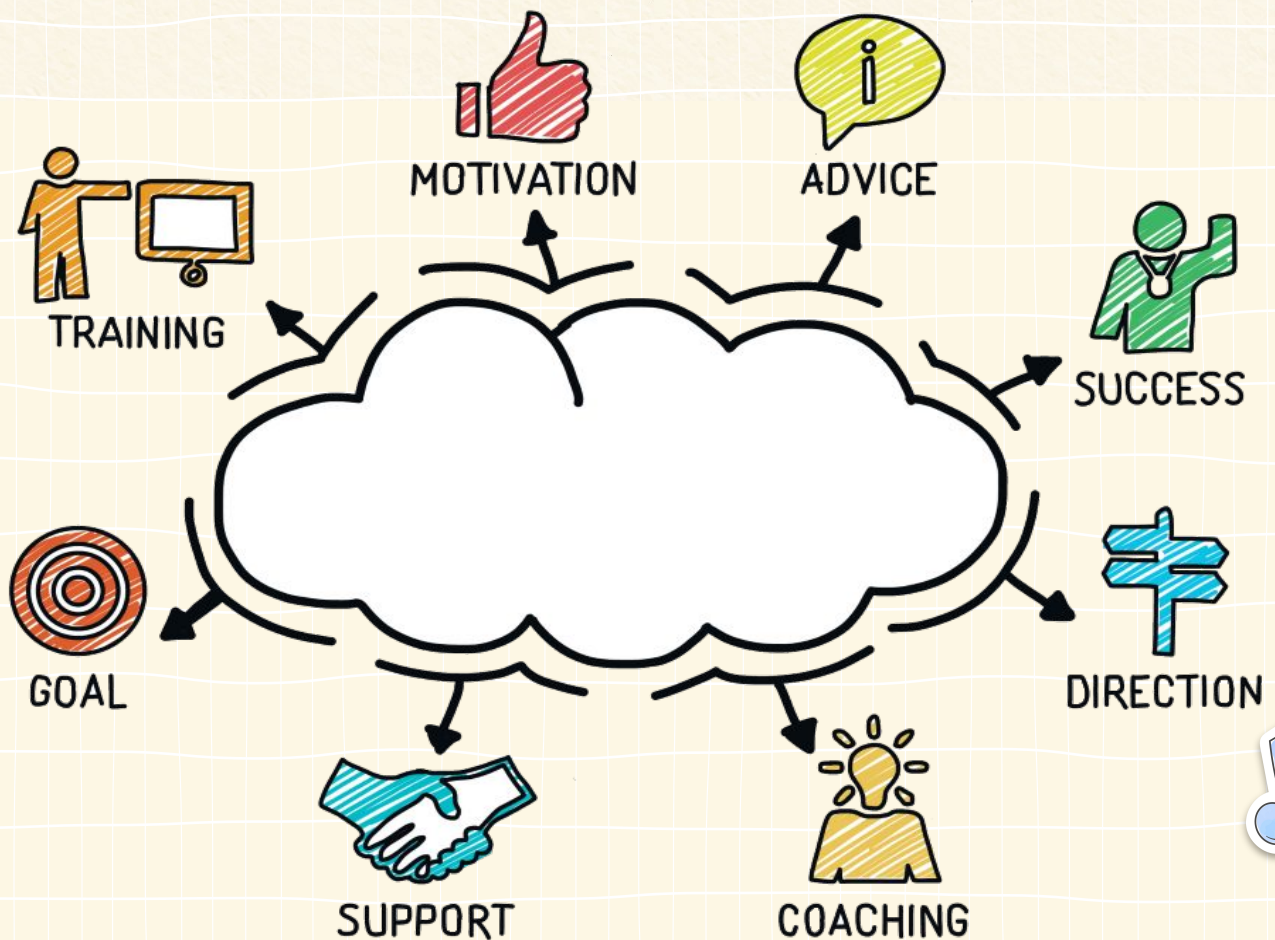
Grade 9-10-Beat Anxiety and Academic Stress – Help Your Children Ace Exams!

Ms Urvashi Musale facilitated an insightful discussion on managing academic stress during the exam cycle. Parents were encouraged to look for signs of productive stress (Eustress) versus overwhelming stress (Distress), and to create an environment where teenagers feel understood rather than judged. Ms. Urvashi emphasized the value of calm, consistent communication, reminding parents that the messages they send—verbally and nonverbally—shape how confidently their children approach exams.

The session also focused on simple but effective time-management tools, such as helping teens break large tasks into smaller steps and encouraging balanced routines with study time, rest, and physical activity. She also spoke about reframing parental expectations: instead of focusing solely on scores, parents can highlight effort, progress, and learning. This approach not only reduces pressure but strengthens trust. By offering reassurance, structure, and realistic expectations, parents can help their adolescents navigate exam season with resilience, confidence, and emotional well-being.



Mentors', Column



Resilience in action – how our students rise, adapt, and grow through challenges

We have all heard about the importance of building resilience in our students. So, what is resilience?

Resilience is the ability to bounce back from adversity. It is a necessary skill for coping with life's inevitable obstacles and one of the key ingredients to success.

Students experience a tremendous amount of physical and mental growth on a daily basis. Between school, co-curricular activities, and social life, teens face lots of new experiences and challenges. Being resilient gives them the ability to tackle these head-on and bounce back from any setbacks. This helps them to approach new situations with confidence and a positive mindset.

Building resilience is a vital skill for students. We are all innately resilient, but fear and self-doubt can take over in moments of stress. Here are some strategies to foster resilience among students, empowering them to overcome obstacles and embrace the opportunities that lie ahead.

Growth Mindset – Encouraging a growth mindset is the foundation of resilience. Emphasize the importance of learning from setbacks and viewing failures as stepping stones to success.

Develop Coping Strategies – Resilient individuals are equipped with effective coping strategies. Teaching mindfulness, meditation, and stress management can help them maintain emotional well-being during challenging times.

Encourage Social Connections – Building a robust support system is important. Strong social connections with peers and family members provide a safety net during challenging times.

Celebrate Student Progress, Not Just Success – When we only celebrate the wins, we instill a belief that the only thing that matters is success. It is important to focus on progress and not just success. Celebrate every time they overcome a hurdle along the way and move closer to achieving their goal.

Set Realistic Expectations – Breaking down long-term goals into manageable and achievable steps makes them easier to achieve and boosts confidence.

By integrating these strategies into daily practices, we can empower students to face life's challenges with confidence and adaptability. Resilience is the cornerstone of personal development, enabling individuals to bounce back stronger and wiser from life's inevitable setbacks.

- Neha Jain
Year Group Leader - Grade 8

IBDP



Celebrating young minds, big dreams, and bright futures

Every year Children's Day brings with it a mix of old school nostalgia and a whole lot of new. Teachers excited to vicariously experience and relive their childhood memories through their students, and students brimming with joy to soak it all in. This Children's Day was no exception for our students. Corridors and classrooms festooned with streamers, flowers, vibrant decor and a little candy waiting at every table eager to melt into the sweetness of the day.

Grade 12 students welcomed the day to a fun surprise - a 'Ghibli style' portrait of their class photo with a personalized message and Grade 11 students were welcomed with a fully 90's style reloaded cartoon screening and a bookmark. The day definitely started with a rollercoaster of laughs and excitement for what lay ahead.

A little serving of popcorn, a refreshing dose of nostalgia stirred in a glass of 'Tang' orange drink - the students were in for a treat. Grade 12 students indulged in art therapy by painting glass mason jars in a burst of colours and letting their inner picasso out for a spin taking over pressing deadlines and academic pressure.

Grade 11 students started their celebration with a 'Trip down the memory lane', where students guessed each other's childhood photos. Oh, what a ride it was filling the AV room with laughter, tears and buzzing excitement. The day followed with a closed letter writing session - write a letter to your 'younger-self'; an activity that allowed them to slow down, reflect and introspect within. Then came the last leg - The Grand Mystery Cookoff! All students were divided into 5 dynamic groups, each group was assigned a work station with an assorted basket of ingredients. But that ain't the fun part, the real curveball was when teams were split and the other half of the team came in with a whacky mystery ingredient which had to be used creatively as a core ingredient of the dish that was in the making. Oh, what a delight it was to watch the students scurry around the pantry stations, make the most of limited resources, get creative and ingenious with the mystery ingredient to whip up a maelstrom of culinary delights that left everyone spellbound.

A perfect end to the super fun-filled day was devouring the treats the junior students made for themselves, and senior students creating a confetti of colorful jars living the spirit of sharing and perhaps realizing how one small activity could ignite an old passion or foster a new lifelong interest. Afterall, the inner child is ever curious and ever-learning!

Happy Children's Day!

Ms. Almas



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International mindedness: Exploring the evolution of Calculus

On 27 November 2025, IBDP2 Mathematics students engaged in an enriching exploration of international-mindedness, tracing the global evolution of calculus and understanding how ideas from diverse cultures have shaped the mathematical world we know today.

As part of this initiative, students were divided into four groups, each representing a major contributor or school of thought in the development of calculus:

- The Newtonian School – Isaac Newton’s groundbreaking work on limits, fluxions, and motion
- The Leibnizian School – Gottfried Wilhelm Leibniz’s elegant notation and formalization of derivatives and integrals
- The Persian Mathematicians – Scholars such as Alhazen and Sharaf al-Dīn al-Tūsī, whose early work on algebraic geometry and motion laid conceptual foundations
- The Indian School of Mathematics – Mathematicians from the Kerala School, including Madhava, who pioneered early ideas of infinite series centuries before Europe

The central theme of the activity was:

“To explore the global evolution of calculus and acknowledge contributions from different cultures; to understand how mathematical ideas travelled and merged into modern calculus.”



Students conducted in-depth research into the historical, cultural, and mathematical contributions of each group. They presented arguments, challenged opposing viewpoints, and engaged in thoughtful academic debate to answer a compelling question:

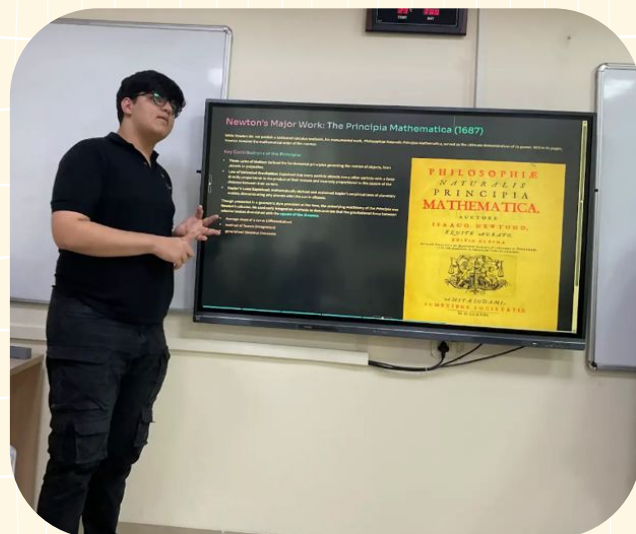
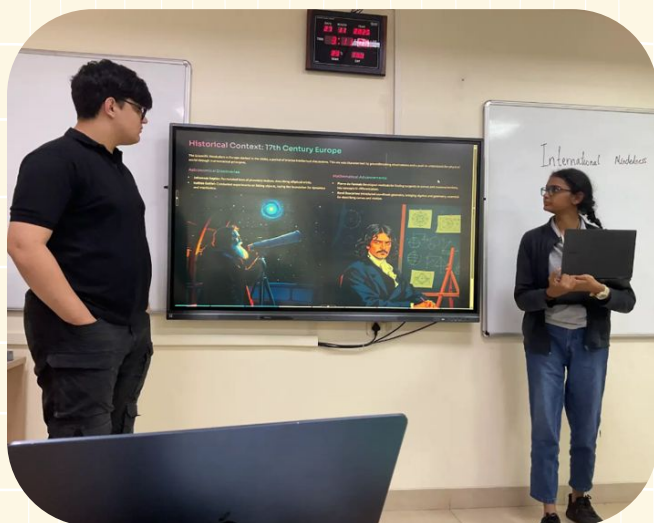
Who should be considered the major contributor to calculus—and why?

This interactive format encouraged students not only to examine mathematical content but also to appreciate the multicultural tapestry behind modern mathematics. Through respectful debate and evidence-based reasoning, they recognized that calculus is not the achievement of a single mind or nation, but rather a global intellectual journey shaped by centuries of shared ideas.

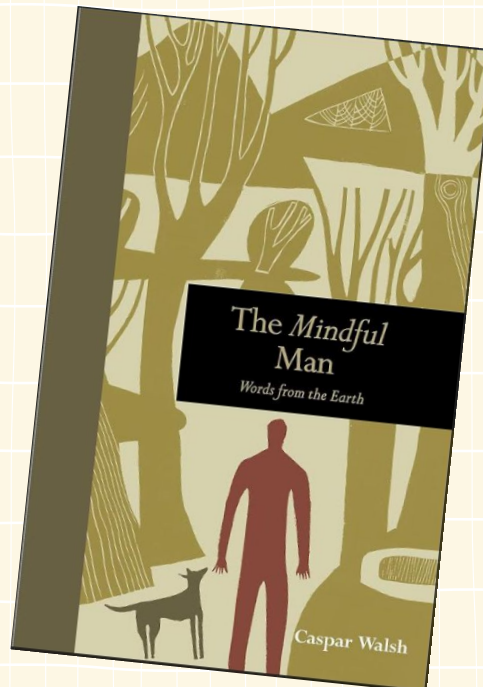
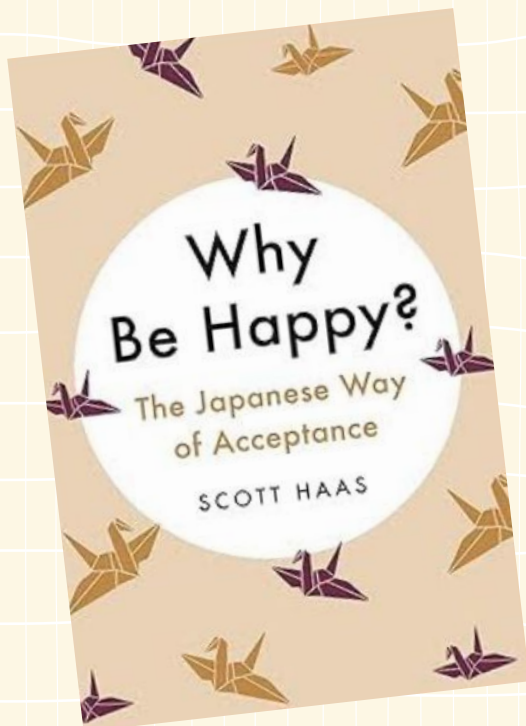
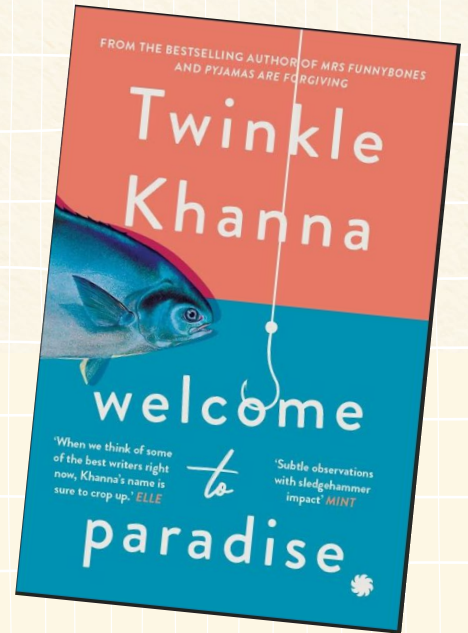
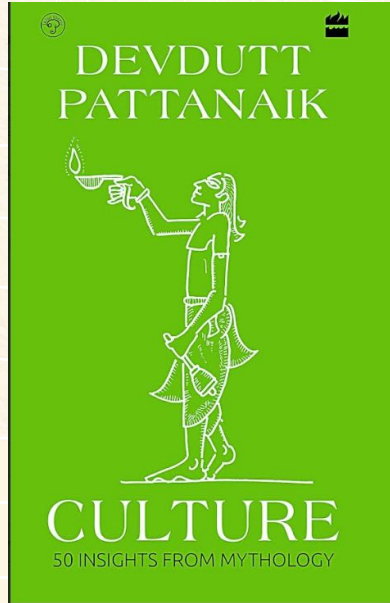
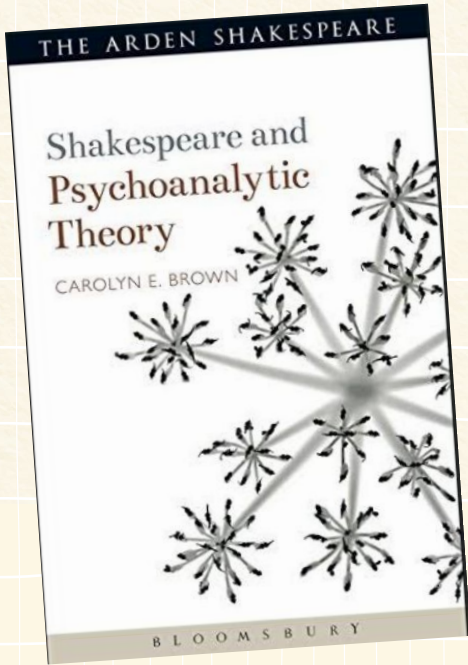
The activity successfully strengthened key IB learner skills, including:

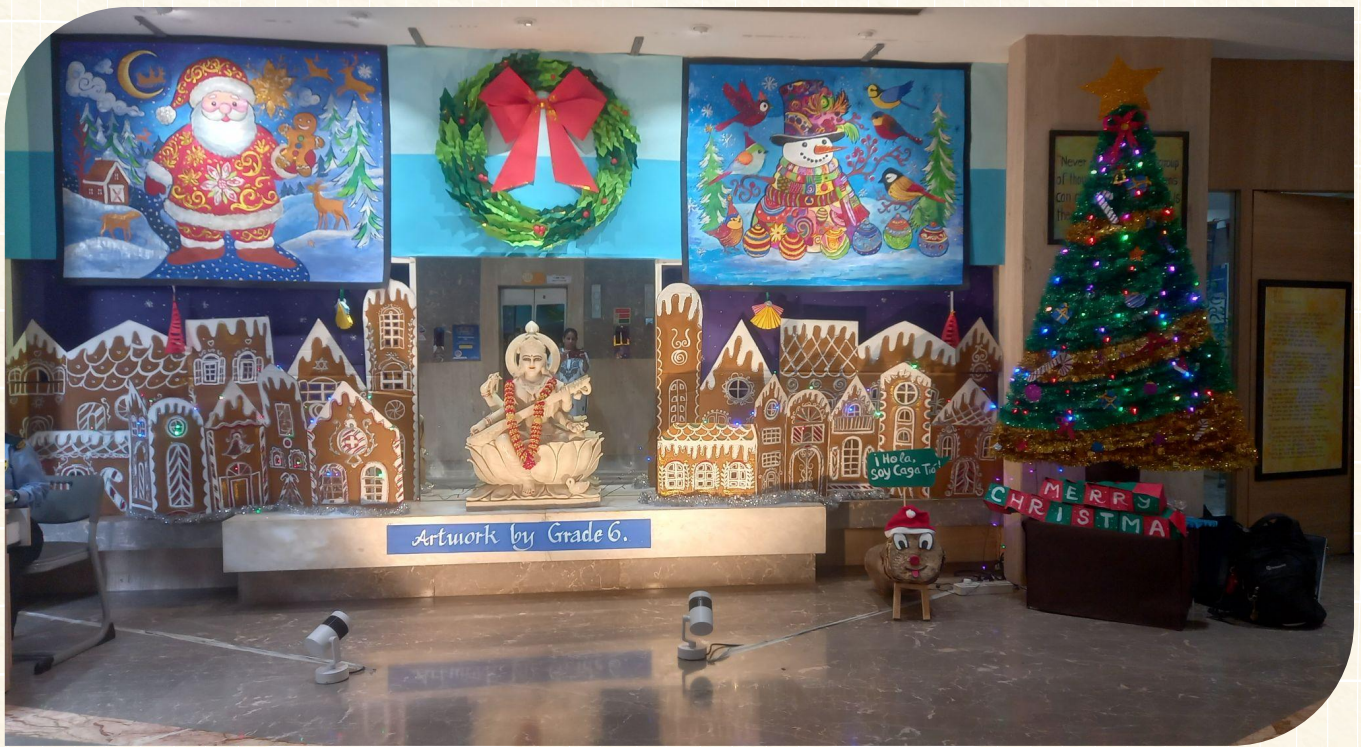
- Research – evaluating historical sources and mathematical texts
- Communication – presenting coherent arguments and counterarguments
- Critical Thinking – assessing the validity of claims and identifying biases
- Collaboration – working across diverse perspectives to build collective understanding

By the end of the session, students gained a richer appreciation of how mathematical knowledge evolves through cultural exchange and intellectual dialogue. The experience highlighted the essence of international-mindedness—recognizing the value of contributions from across the world and understanding that progress in any field is a shared human endeavor.



Library





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